

Fairfield County Youth Behavior Survey 2012



OHIO
UNIVERSITY



2,690 Youth Surveyed

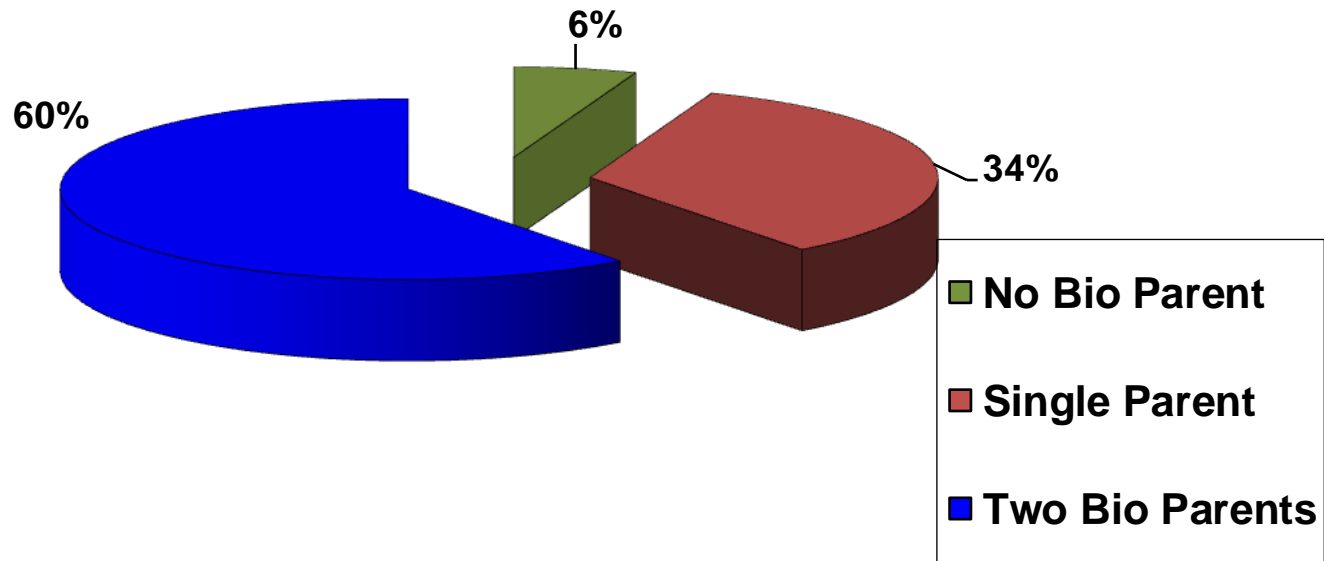
1,104 Seniors 1,586 Sophomores

Participating Schools

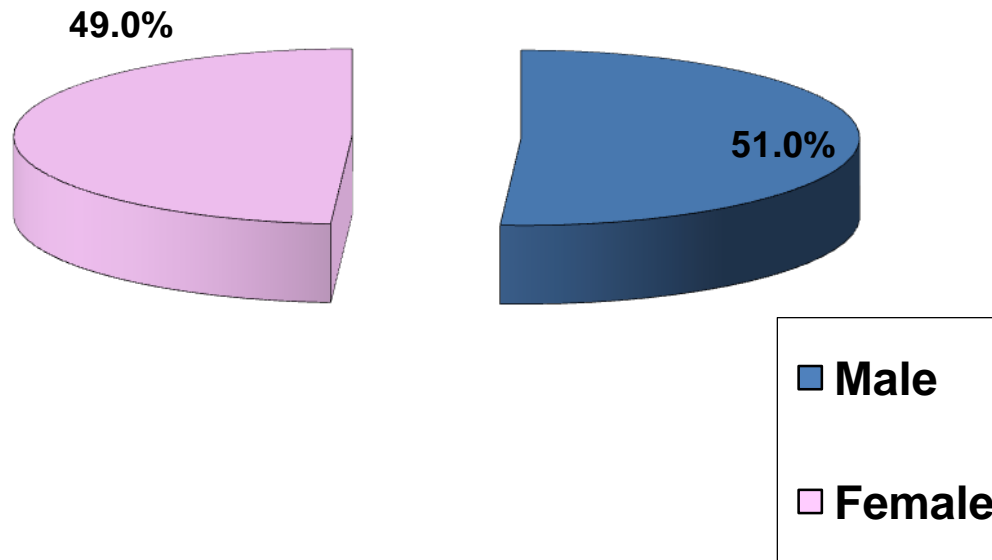
Amanda -Clearcreek Local School District
Berne Union Local School District
Bloom - Carroll Local School District
Fairfield Union Local School District
Fisher Catholic High School
Lancaster City School District
Liberty Union -Thurston Local School District
Pickerington Local School District - Central
Pickerington Local School District - North
Walnut Township Local School District

Student Demographics

Family Status

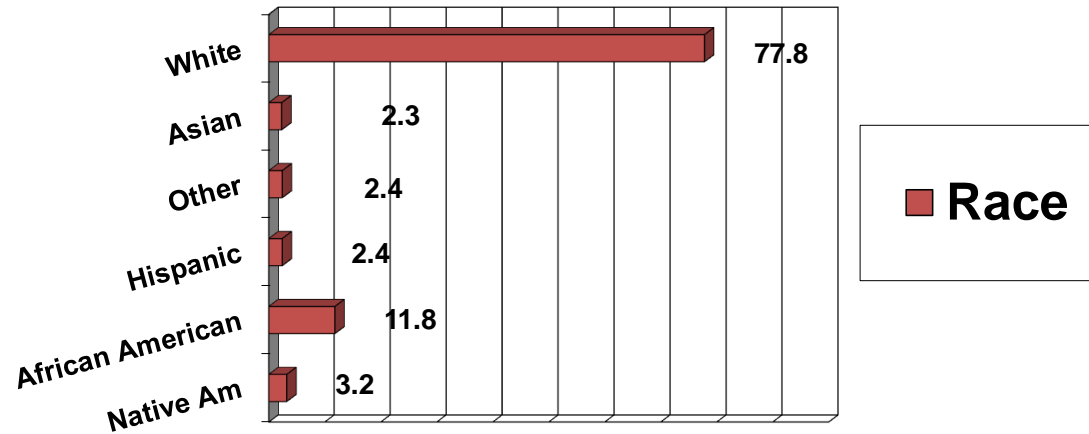


Student Demographics - Gender



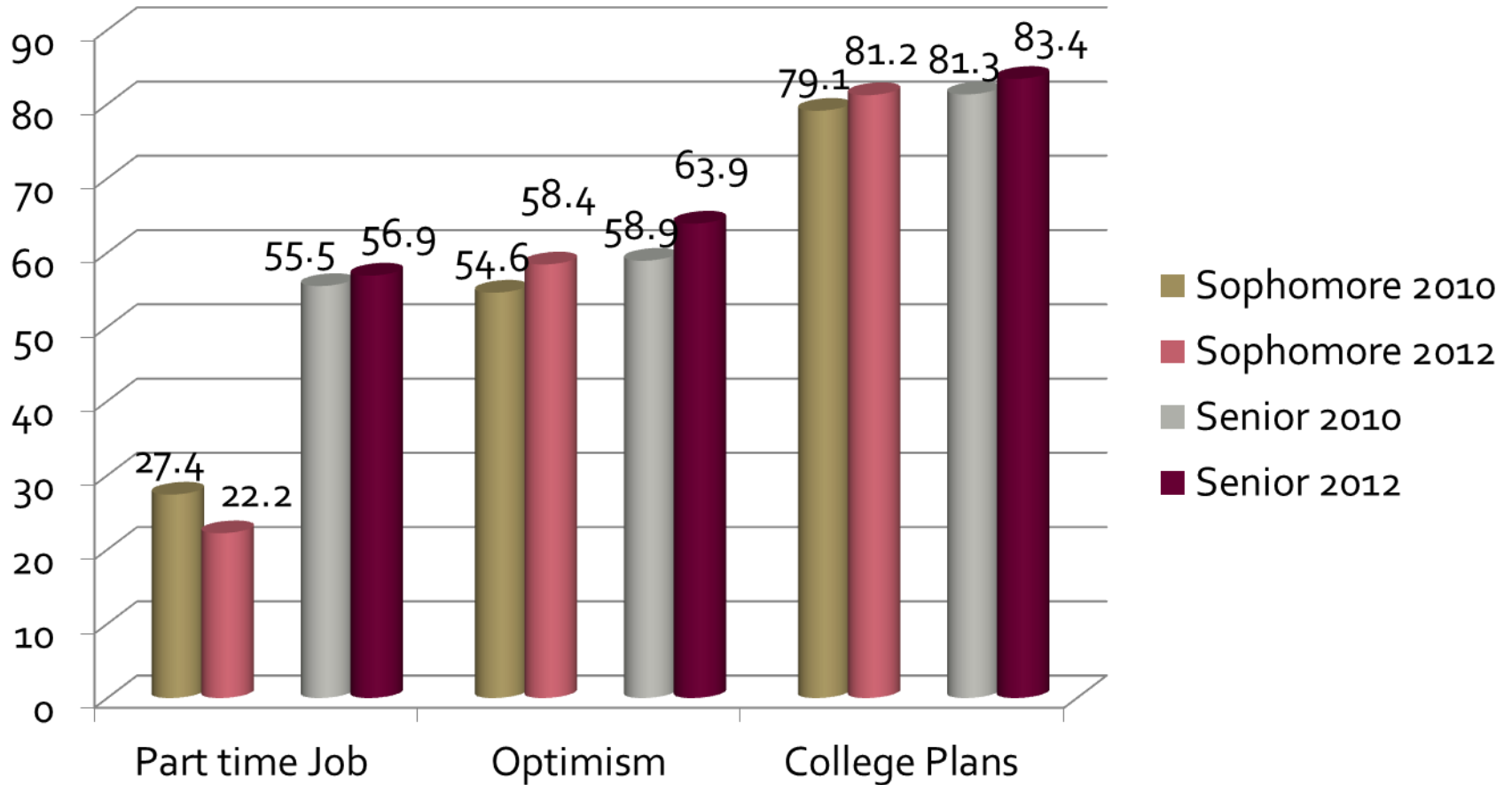
Student Demographic – Ethnicity

Percentage (%) of all students



Student Profile – 2012

Jobs, Optimism, College



Fairfield County and the Nation

Lifetime Prevalence – Seniors 2012

%	Fairfield County		Nation*	
	2010	2012	2009	2011
Alcohol	79.4	70.9	72.3	70
Tobacco	48	34.7	43.6	40
Marijuana	44.4	39.7	42	45.5
Rx	20.3	10.9	20.2 (2009 YRBSS)	21.7
Inhalants	7.6	3.3	9.5	8.1
Cocaine	7.6	3.6	6.0	5.2
Heroin	3.9	1.6	1.2	1.4
Methamphetamine	2.9	2.0	2.4	2.1
Steroid	2.7	2.5	2.2	1.8
Synthetics (Bath Salts, K2, Spice)	X	11.4	X	X

* Monitoring the Future

Fairfield County and the Nation

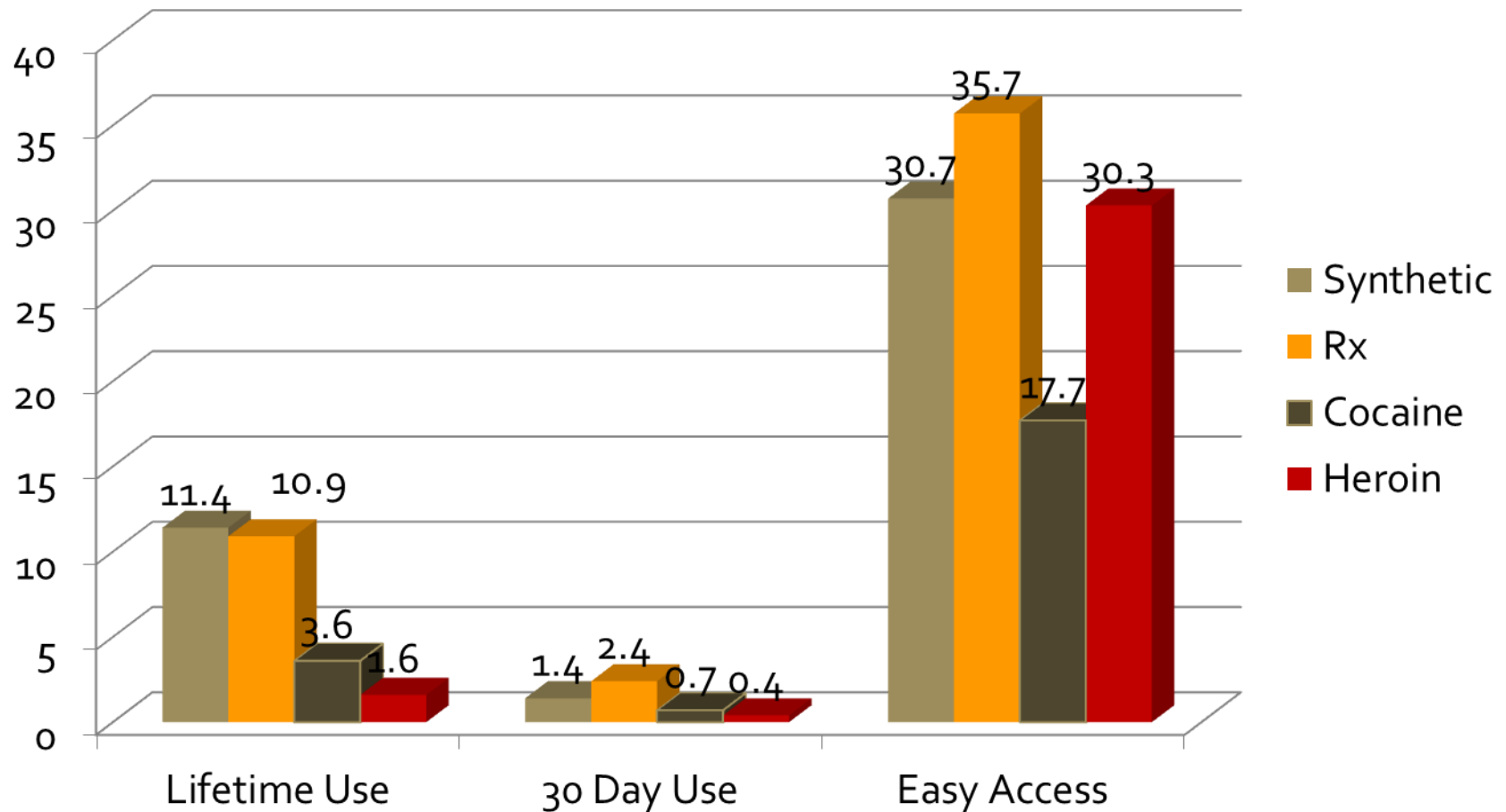
Thirty-Day Prevalence – Seniors 2012

%	Fairfield County		Nation *	
	2010	2012	2009	2011
Alcohol	34.7	21.1	43.5	40
Tobacco	22.5	14.1	20.1	18.7
Marijuana	20.3	16.4	20.6	22.6
Rx	5.7	2.4	Not available	7.2
Inhalants	0.8	.5	1.2	1.0
Cocaine	1.2	.7	1.3	1.1
Heroin	1.4	.4	.4	.4
Methamphetamine	1.0	.5	.5	.6
Synthetics (Bath Salts, K2, Spice)	X	1.4	X	X

* Monitoring the Future

Synthetic Drugs Comparison

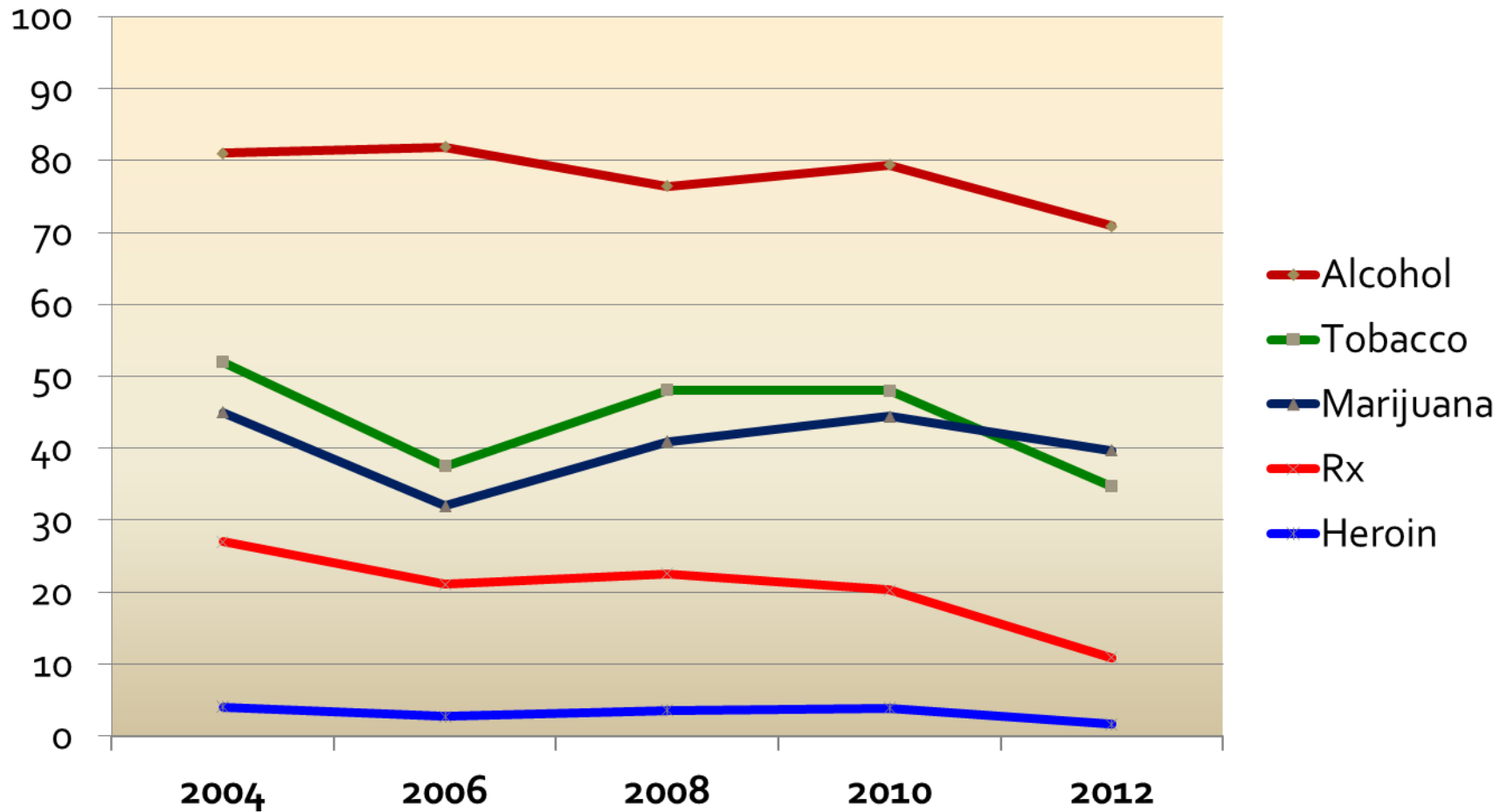
Seniors 2012



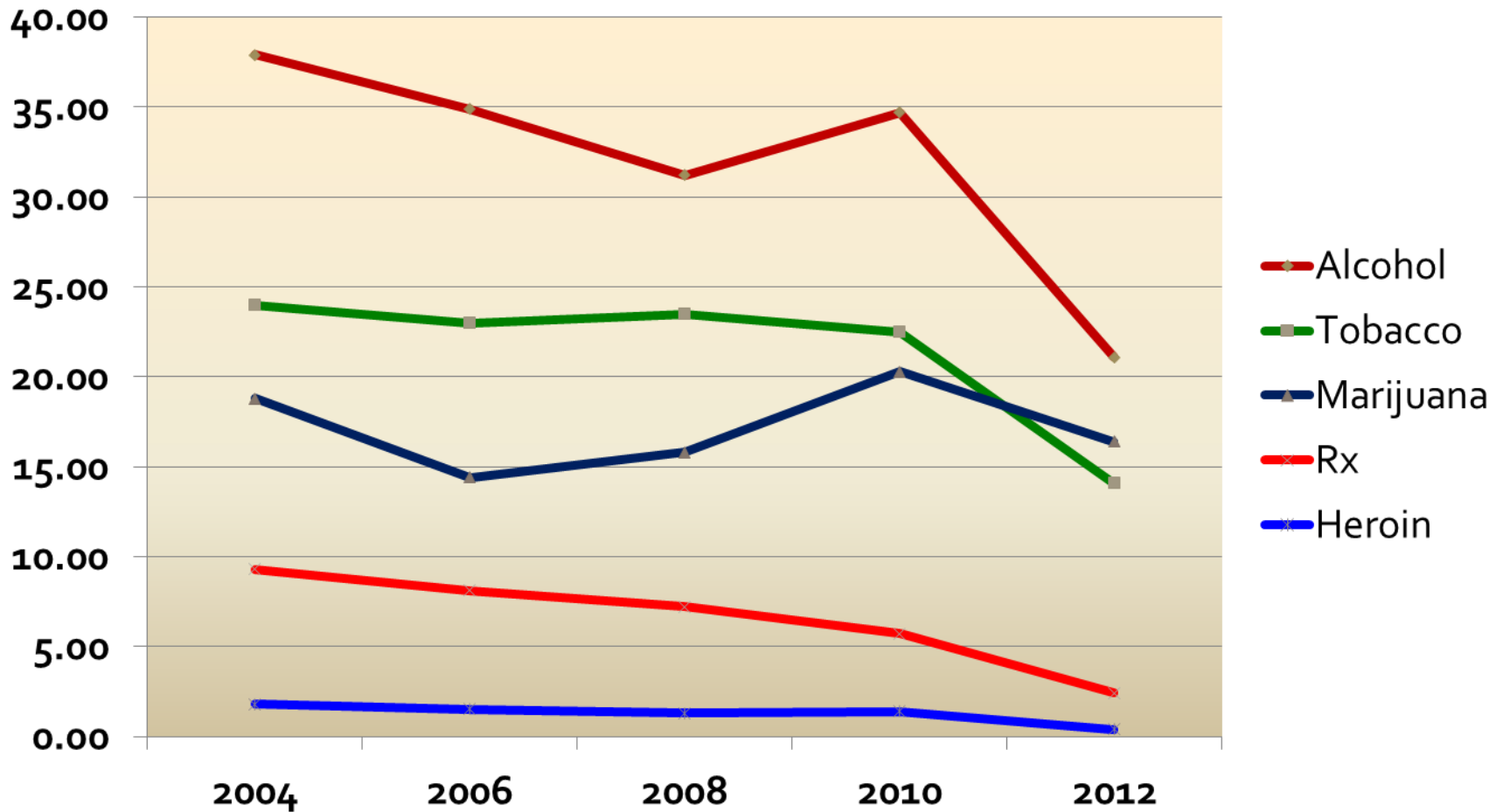
New Data to Watch

- Fairfield County High School Seniors - 2012
 - Used over the counter drugs to get high – 3.2%
 - Used illegal drugs on school grounds – 6.4%
 - Drank alcohol on school grounds – 3.5%
 - Drank alcohol and took prescription drugs at same time – 3.1%

Trend: Lifetime Use Fairfield County Seniors



Trend: 30 Day Use Fairfield County Seniors



Age of Onset

Seniors 2012

Years	2004	2006	2008	2010	2012
Alcohol	14.31	14.41	14.58	14.05	14.94
Tobacco	13.78	13.94	14.34	14.01	14.57
Marijuana	14.63	14.60	14.89	14.65	14.99
Rx Drugs	14.85	14.59	15.60	14.84	15.08
Synthetics (Bath Salts, K2, Spice)	X	X	X	X	15.56 (10th graders – 14.48)

Conclusion: In 2010 the data showed that our youth were beginning to use substances at an earlier age, reversing a positive trend that had been seen in previous years. The 2012 results show that age of onset is once again increasing for every substance. This is good news! The older youth are at age of first use, the less likely they are to have problems with substance use/abuse later in life.

Access

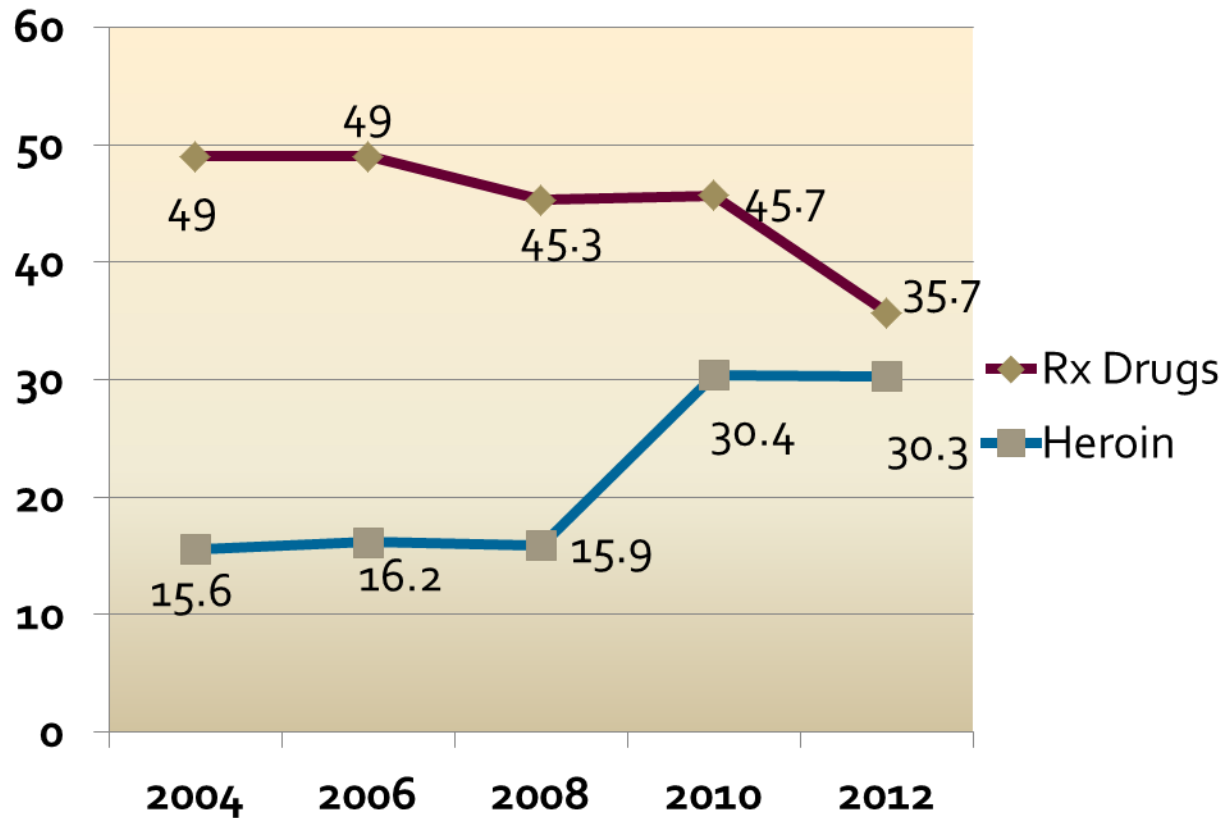
Very Easy and Somewhat Easy

%	2004	2006	2008	2010	2012
Alcohol 12th	85	84.2	84.2	83.3	79.1
Tobacco 12th	85.5	84.7	75.3	84.3	79.6
Marijuana 12th	69	67.3	66.2	73.1	68.1
Rx 12th	49	49	45.3	45.7	35.7
Rx 10th	48	46.5	46.9	38.2	32.9
Heroin 12th	15.6	16.2	15.9	30.4	30.3
Heroin 10th	15.7	13.2	13.7	22.3	25.4
Synthetics 12 th	X	X	X	X	29.4
Synthetics 10th	X	X	X	X	30.7

Ease of Access Trend

Prescription Drugs (Rx) and Heroin

% of Seniors indicating very easy and somewhat easy access



Illegal Prescription Drug Use Seniors and Sophomores

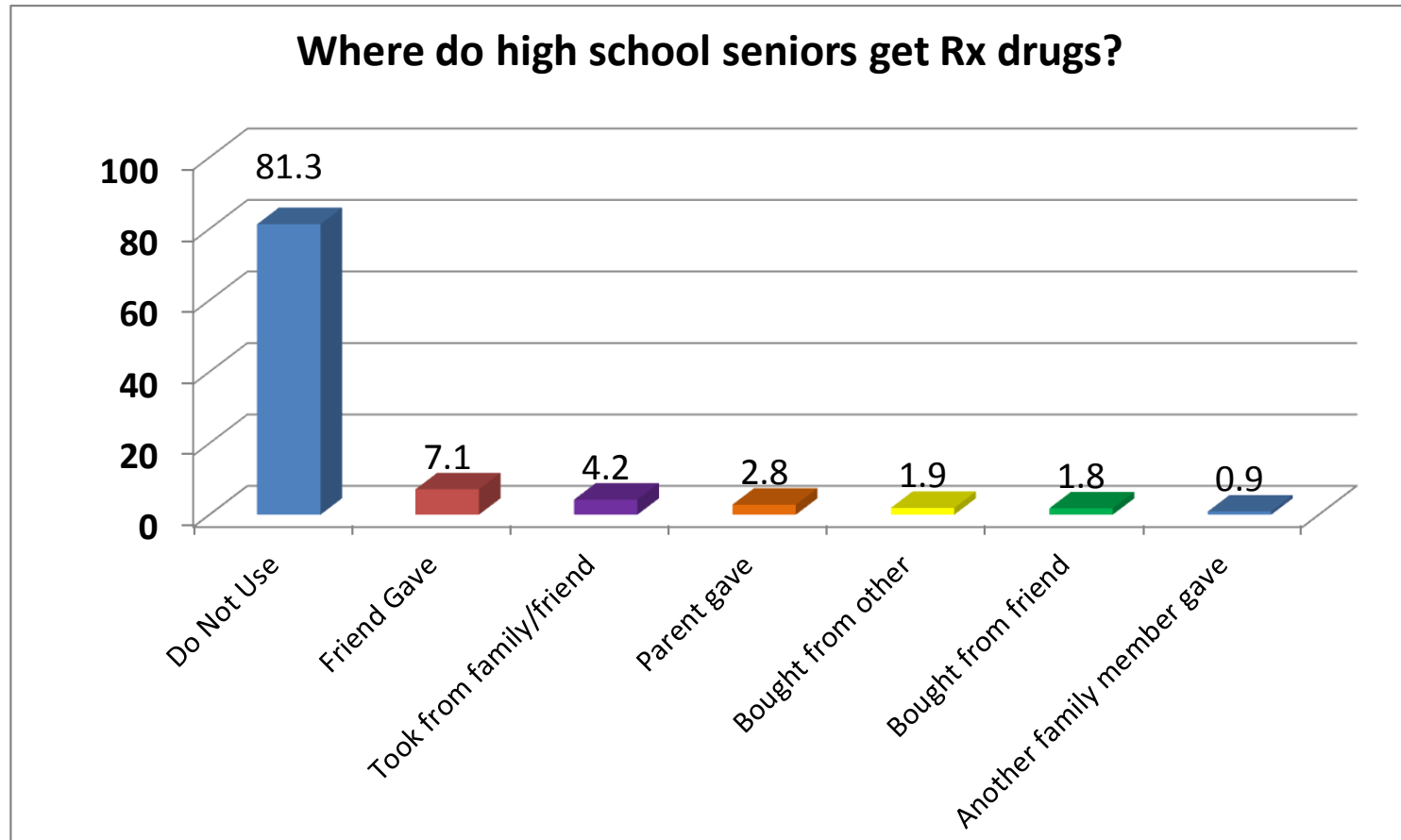
Used In Past Thirty Days

%	2004	2006	2008	2010	2012
Seniors – 12 th	9.3	8	7.2	5.7	2.4
Nation – 12 th *	X	8.1	7.2	6.9	X
Sophomores – 10 th **	8.2	6.9	7.2	4.6	1.8

*Monitoring the Future

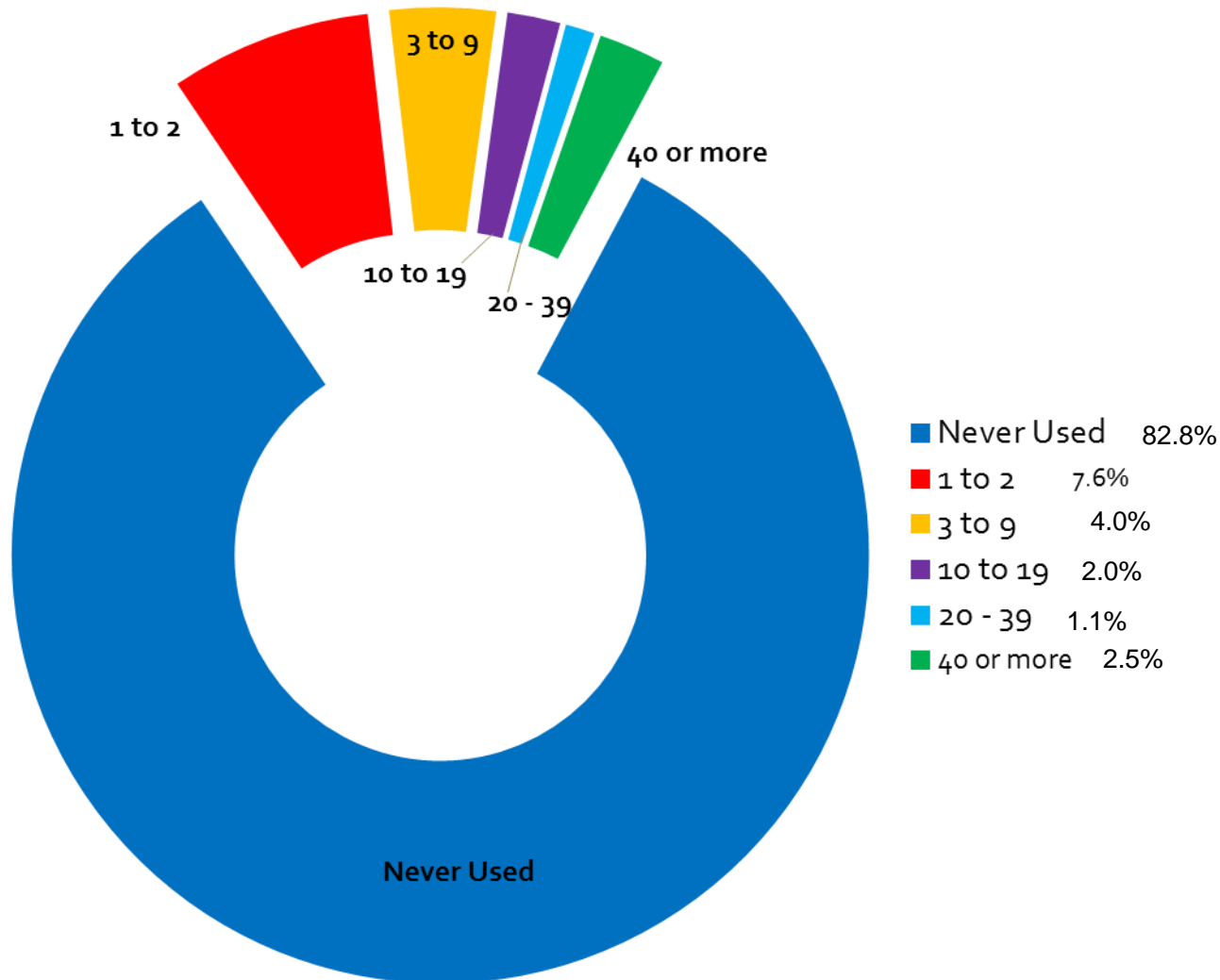
**10th grade data not available for Rx drugs in any year.

Where are students getting Prescription (Rx) Drugs ?

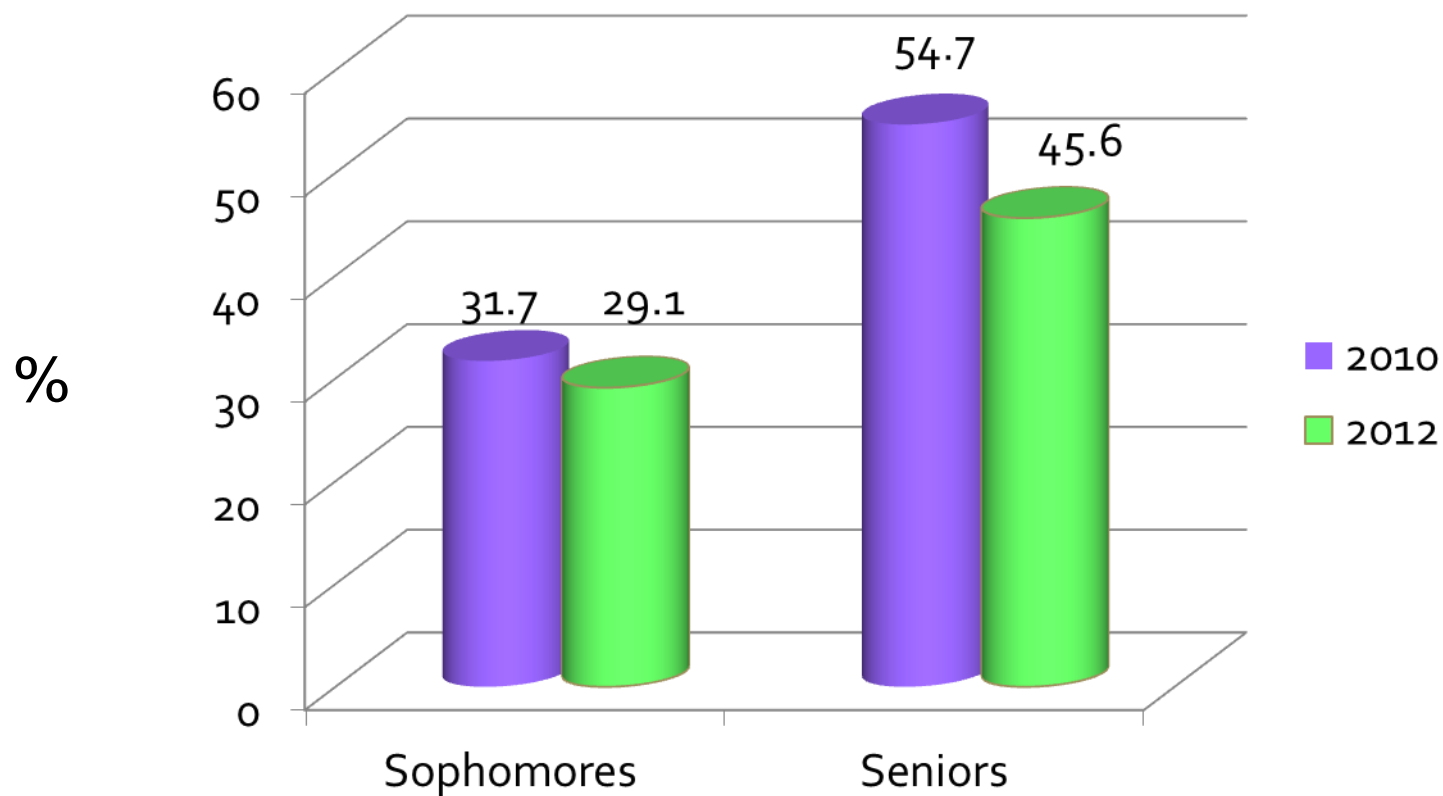


Illegal Use of Rx Drugs - Lifetime

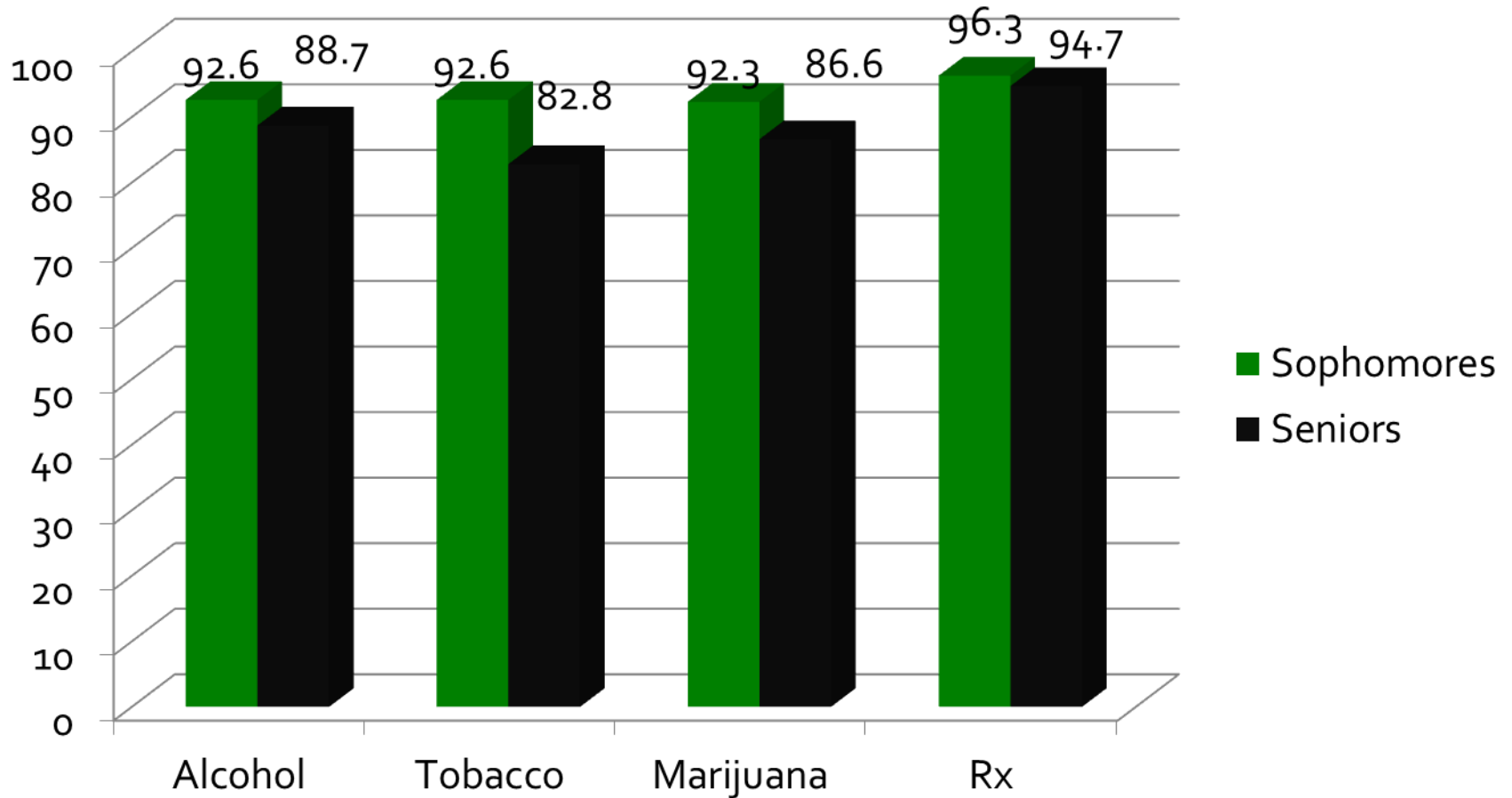
of times used - Seniors 2012



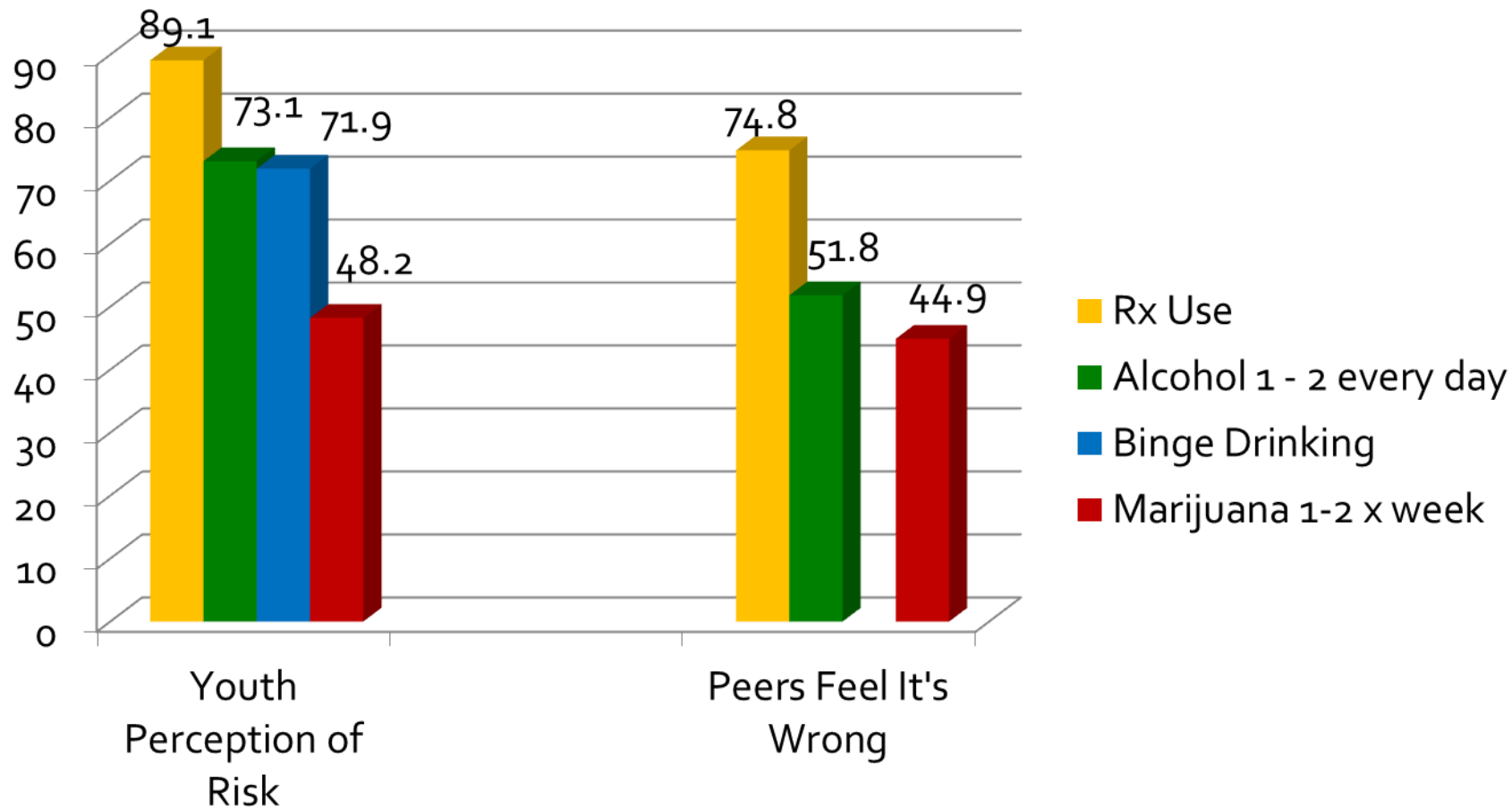
Attended Party Where Parents Allow Alcohol



Perception of Parental Disapproval Wrong/Very Wrong

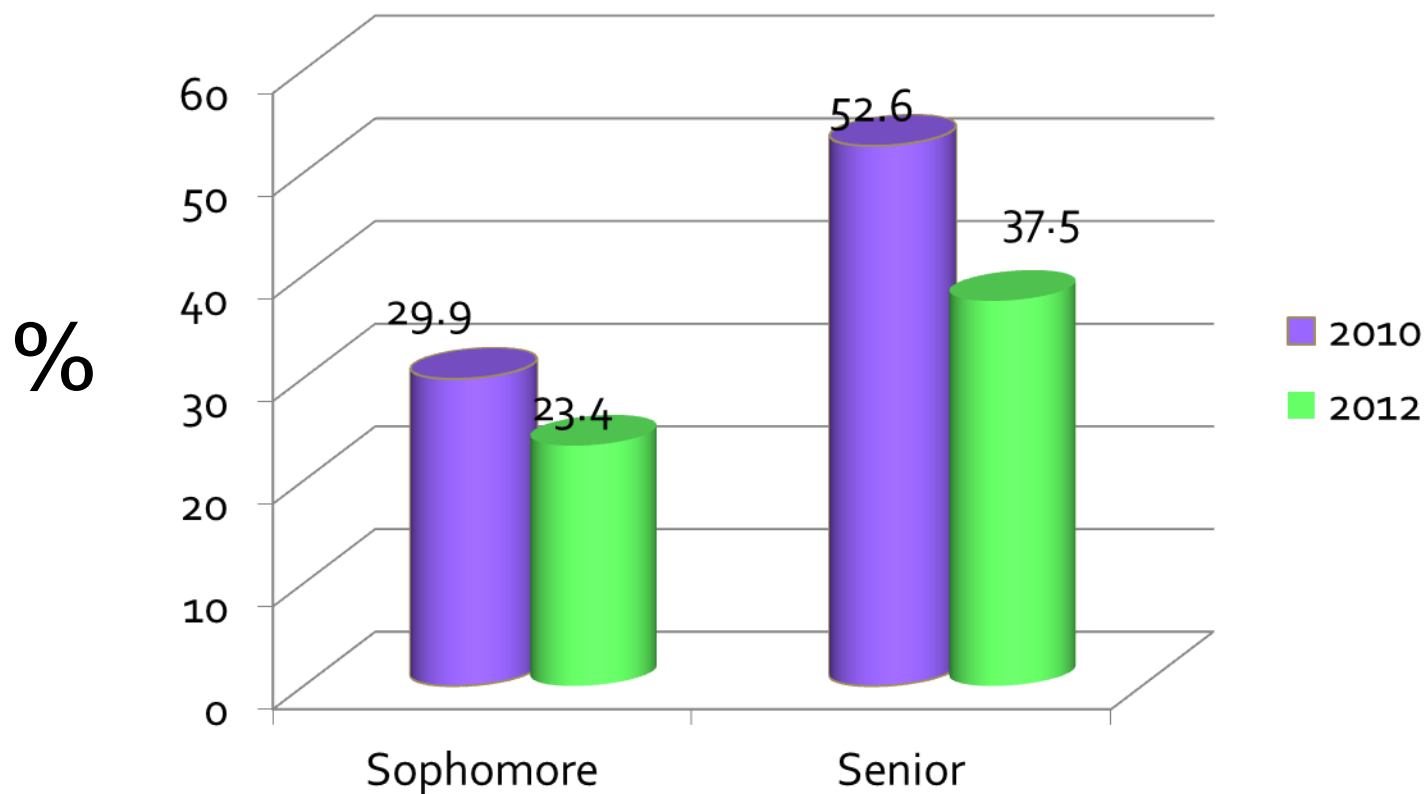


Perception of Harm and Peer Disapproval Seniors 2012

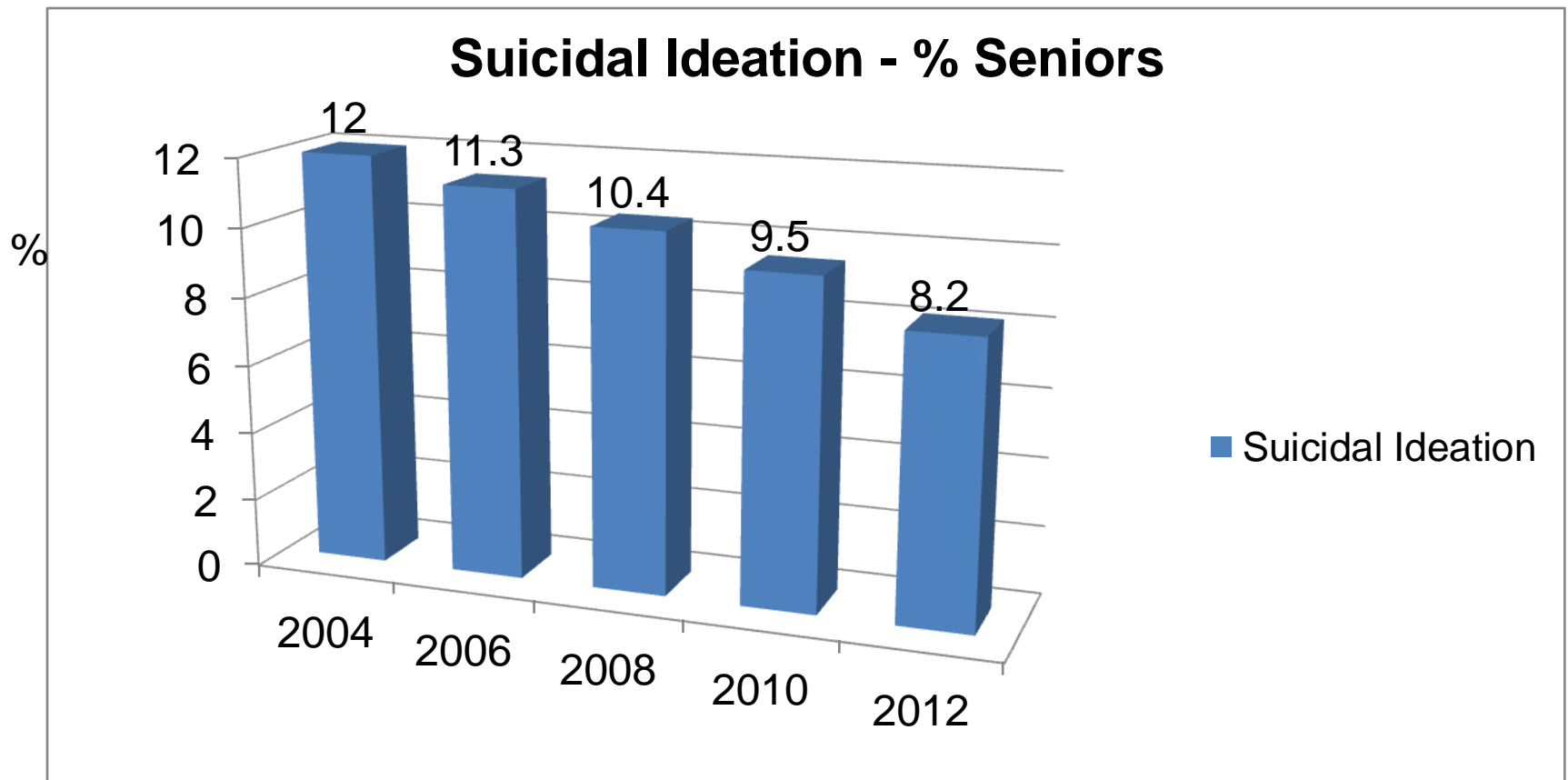


Binge Drinking

Of those who report drinking alcohol...
% who had 5 or more within a few hours

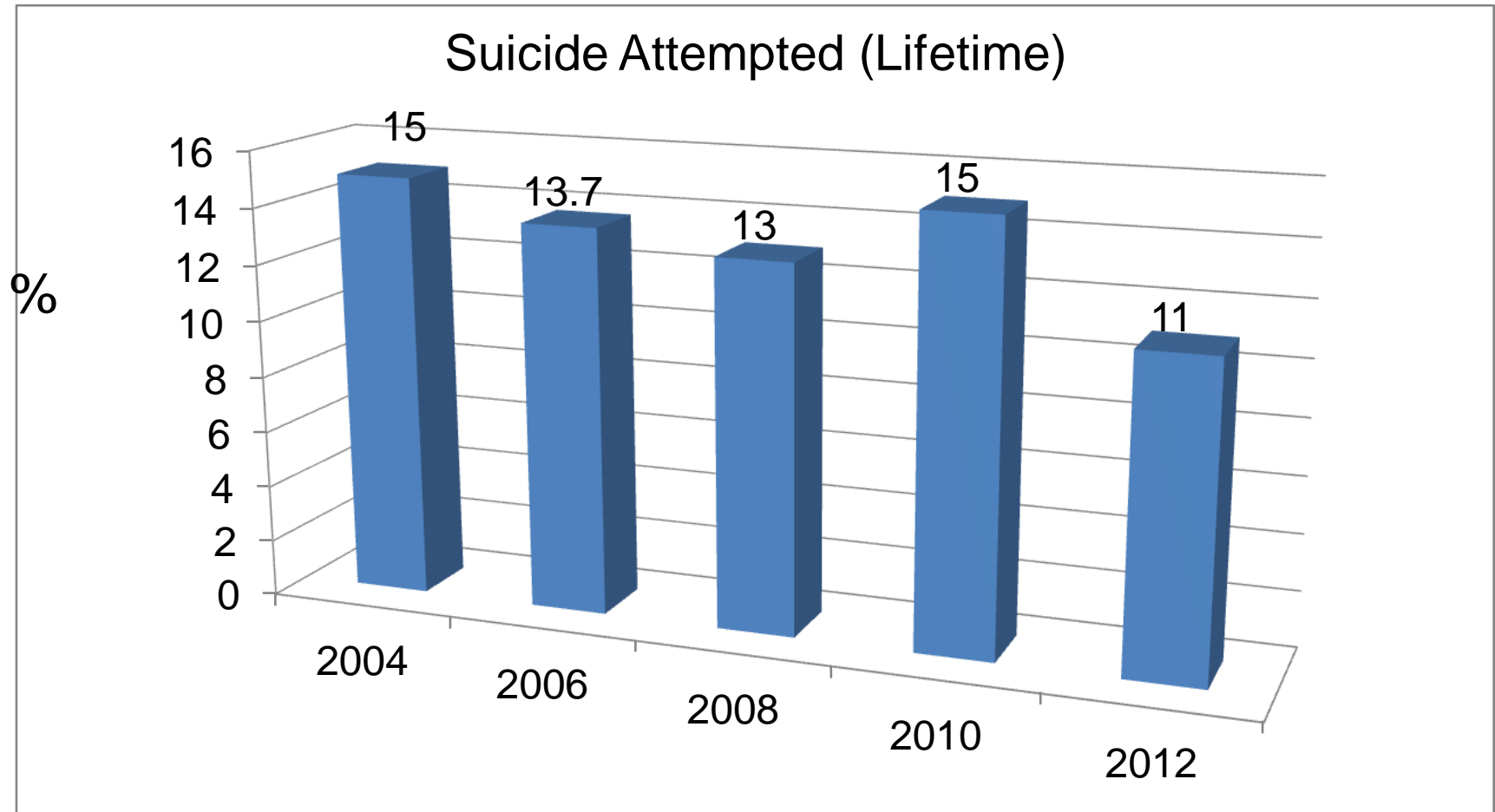


Suicidal Thoughts Past Month

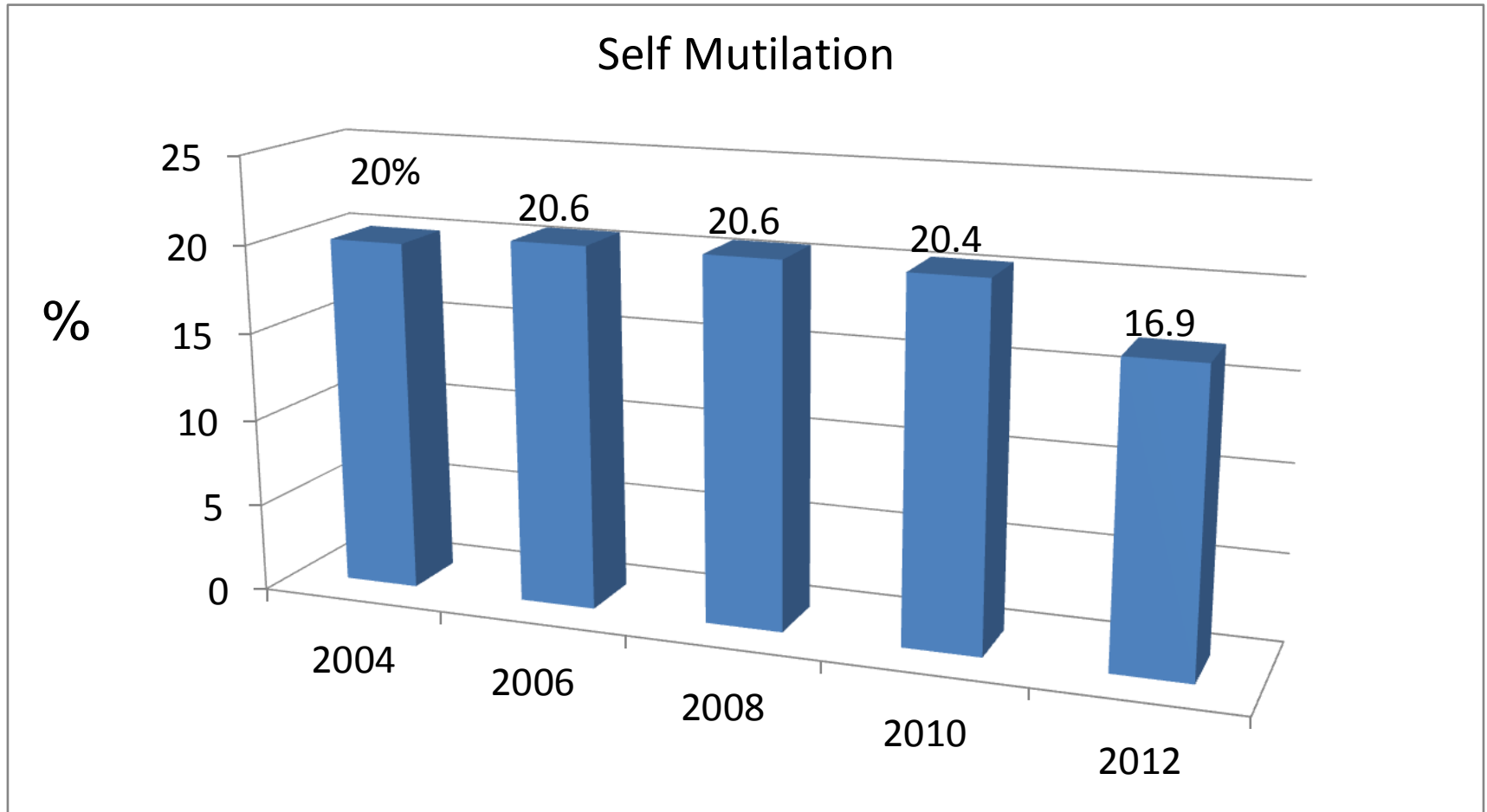


Suicide Attempts – Lifetime

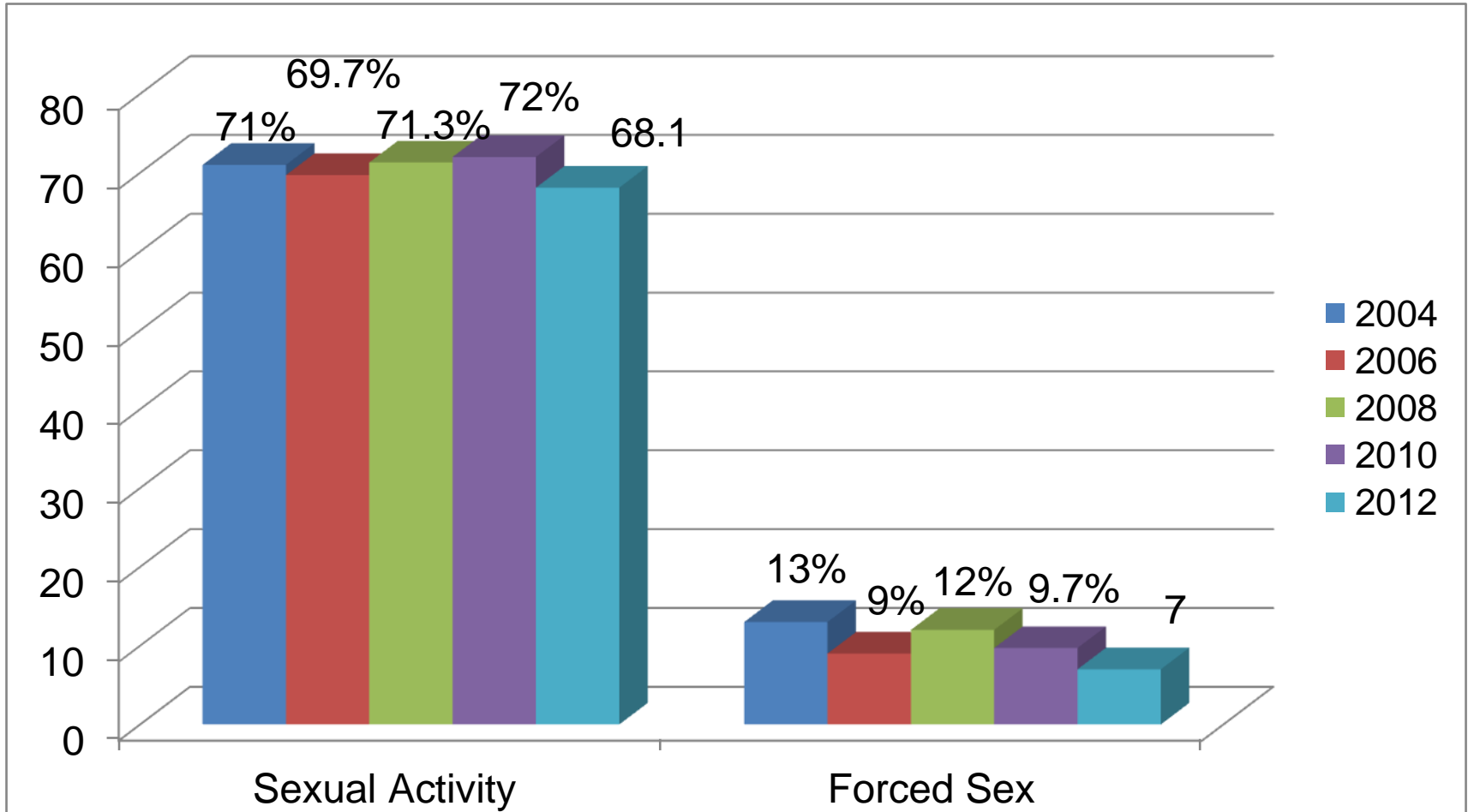
% Seniors 2012



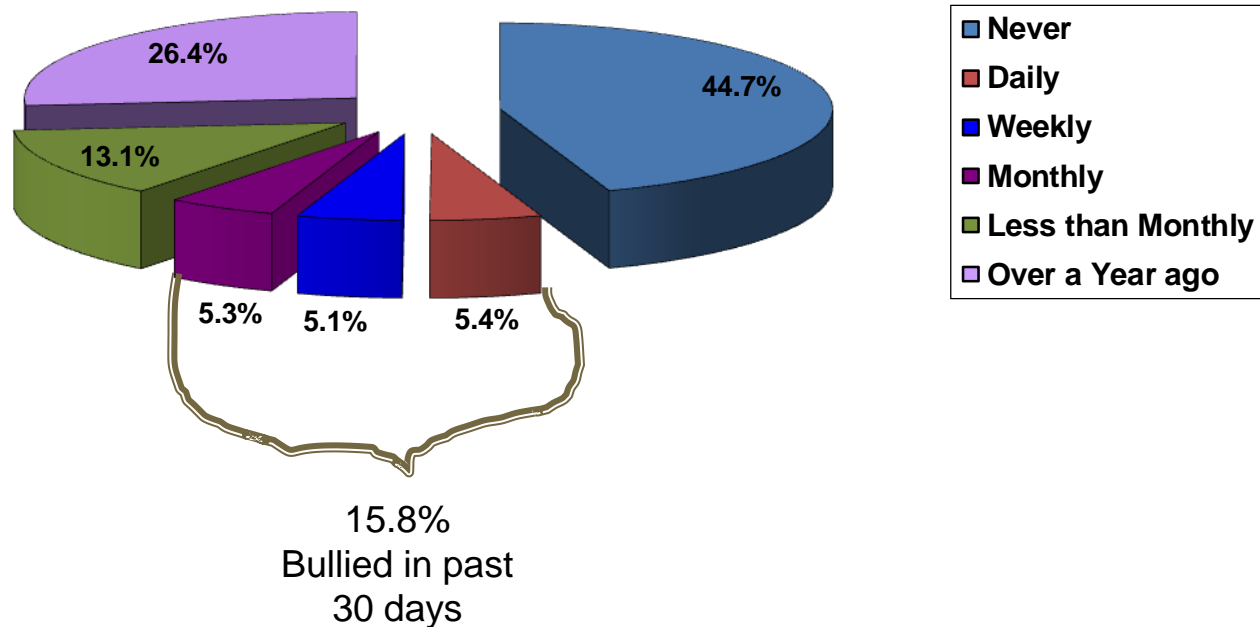
Self Mutilation – Lifetime % Seniors



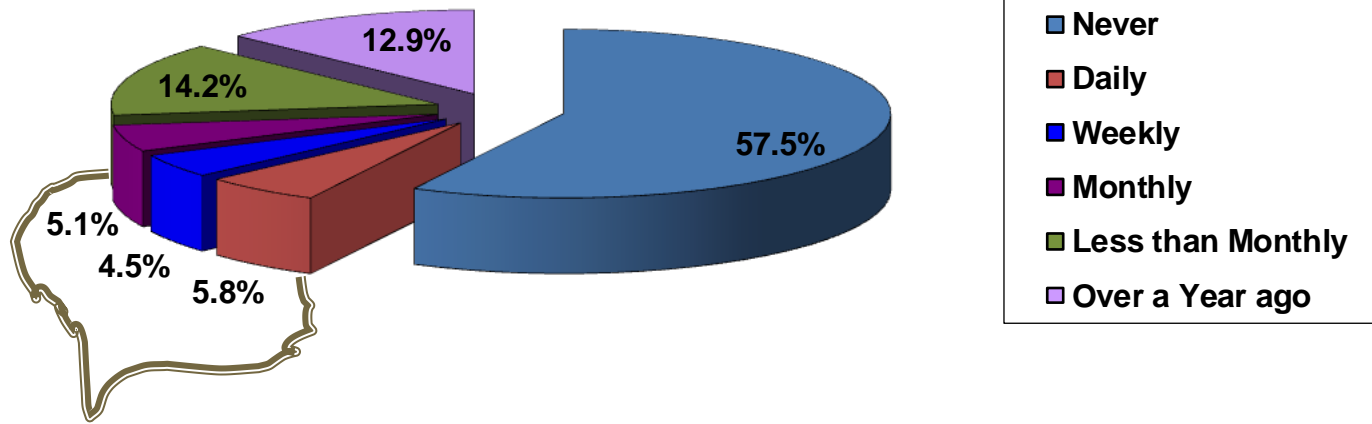
Sexual Activity % of Seniors



Have You Been Bullied or Teased?

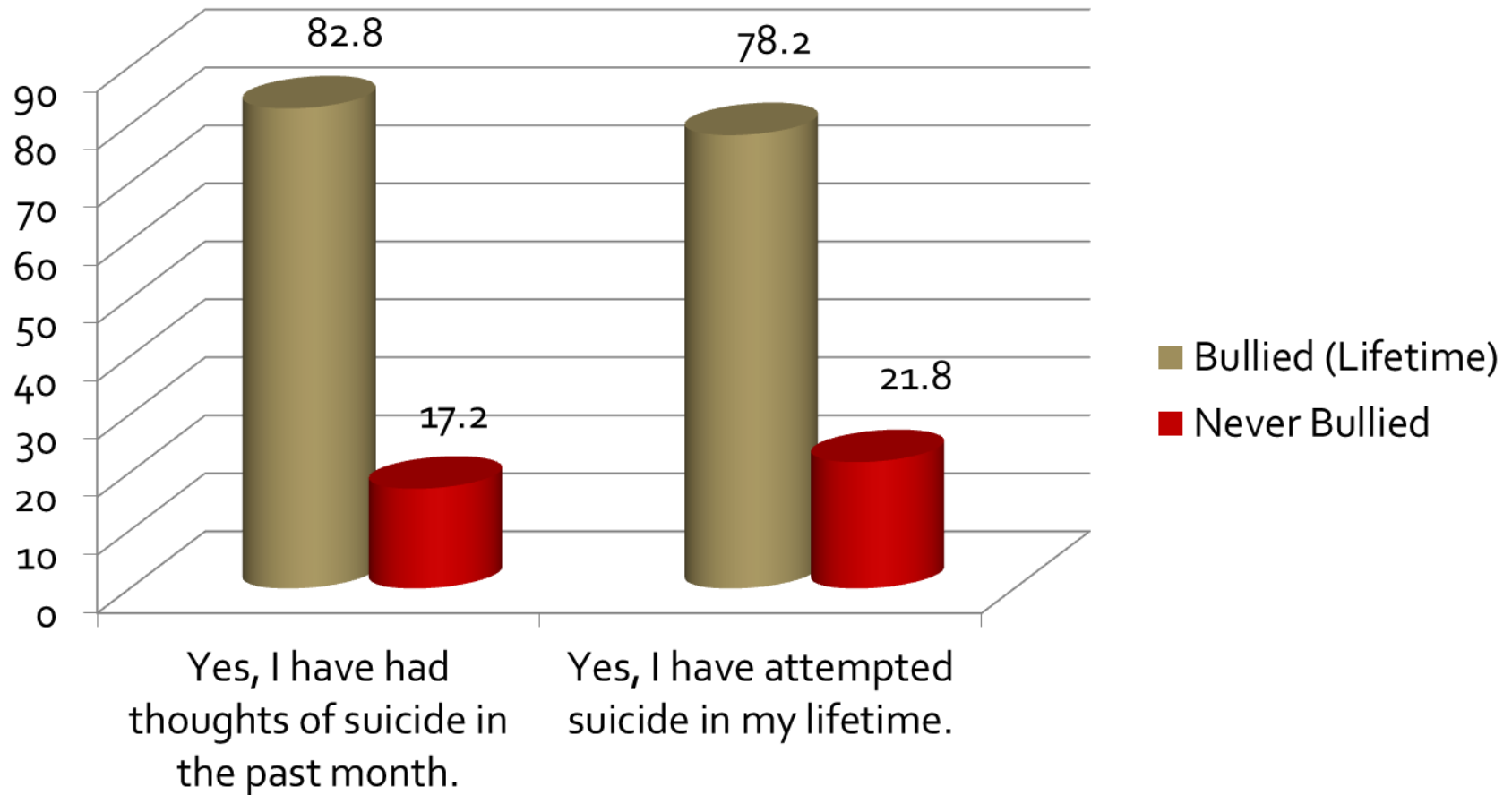


Have You Bullied or Teased Others?



15.4% have
bullied in the last
30 days

Bullying and Suicide Seniors



Protective Factors

- ***Clear Boundaries & Expectations***
 - Parents & Schools: set rules, enforce rules, punish for breaking rules (Always/Often)
 - In 2012, 80.5% of students reported that their parents set clear rules and 77% report that their parents punish them for breaking these rules. This was slightly higher than 2010 results.

Protective Factors

- ***Positive Youth Development***

- Participating in positive activities: faith, school sports, community activities

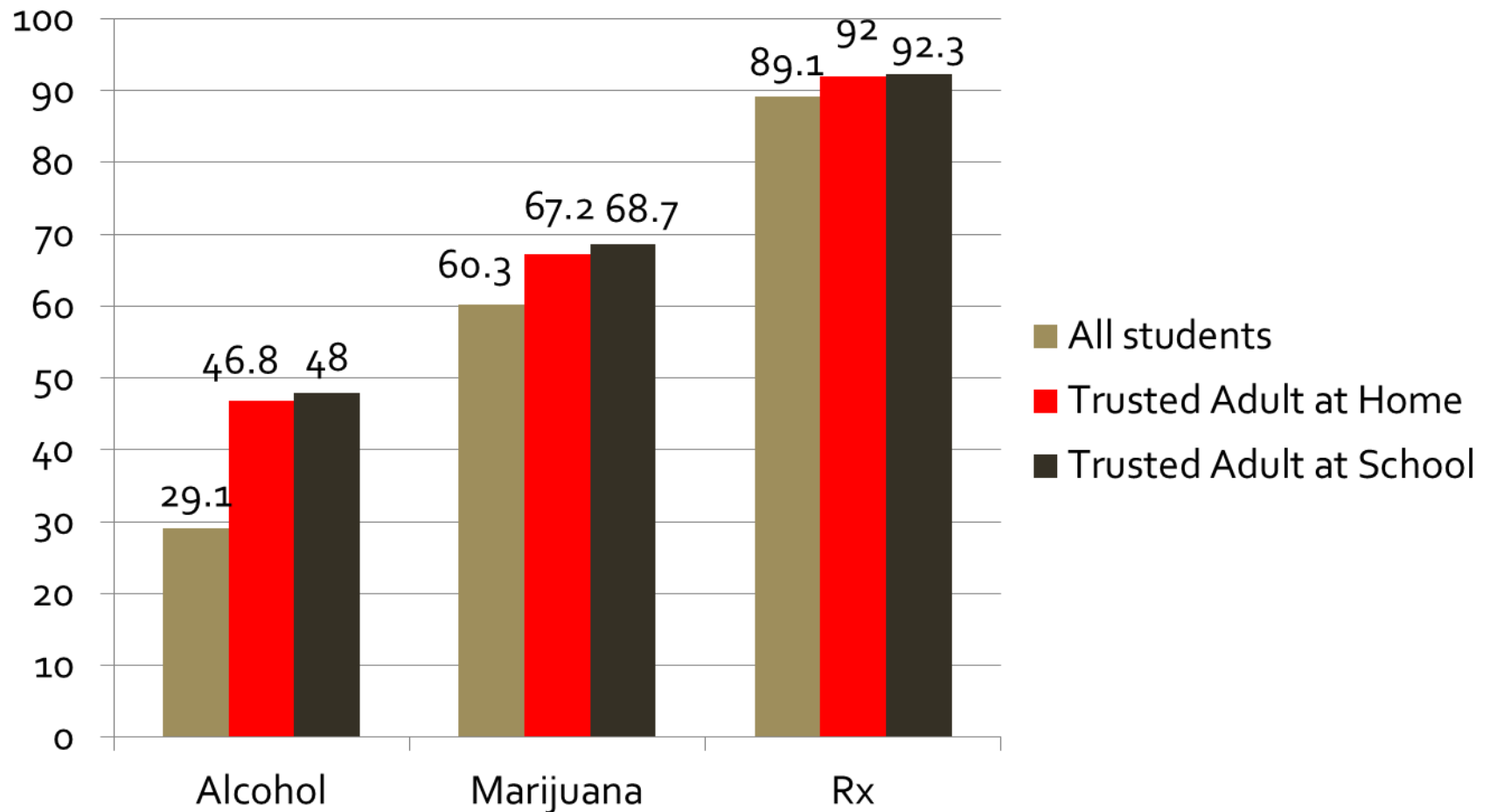
- ***Academic Achievement***

- Good grades and school attendance

- ***Trusted Adult***

- at Home or School
 - In 2012, Seniors reported that **87.8%** had a trusted adult at home and **72.1%** had a trusted adult at school.

Impact of Trusted Adult on Substance Use - % of Seniors who have never used...



Parents Always and Often

%	2004	2006	2008	2010	2012
Parents Involved in School	59	64	60.7	59	63.7
Parents Set Clear Rules	78	81.7	76.7	79.1	80.5
Parents Enforce Rules	75	76	76.6	74.2	77

% Seniors 2012

Protective Factors Parents

2012 Seniors - % Who have never used

2012	% of total students surveyed	Parents set clear rules	Parents enforce rules	Parents talk about harmful effects	Parents are involved at school
Alcohol	29.1	47.1	47.0	48.3	45.6
Marijuana	60.3	68.7	68.6	69.3	70.9
Rx Drugs	89.1	92.2	92.7	92.3	93.3

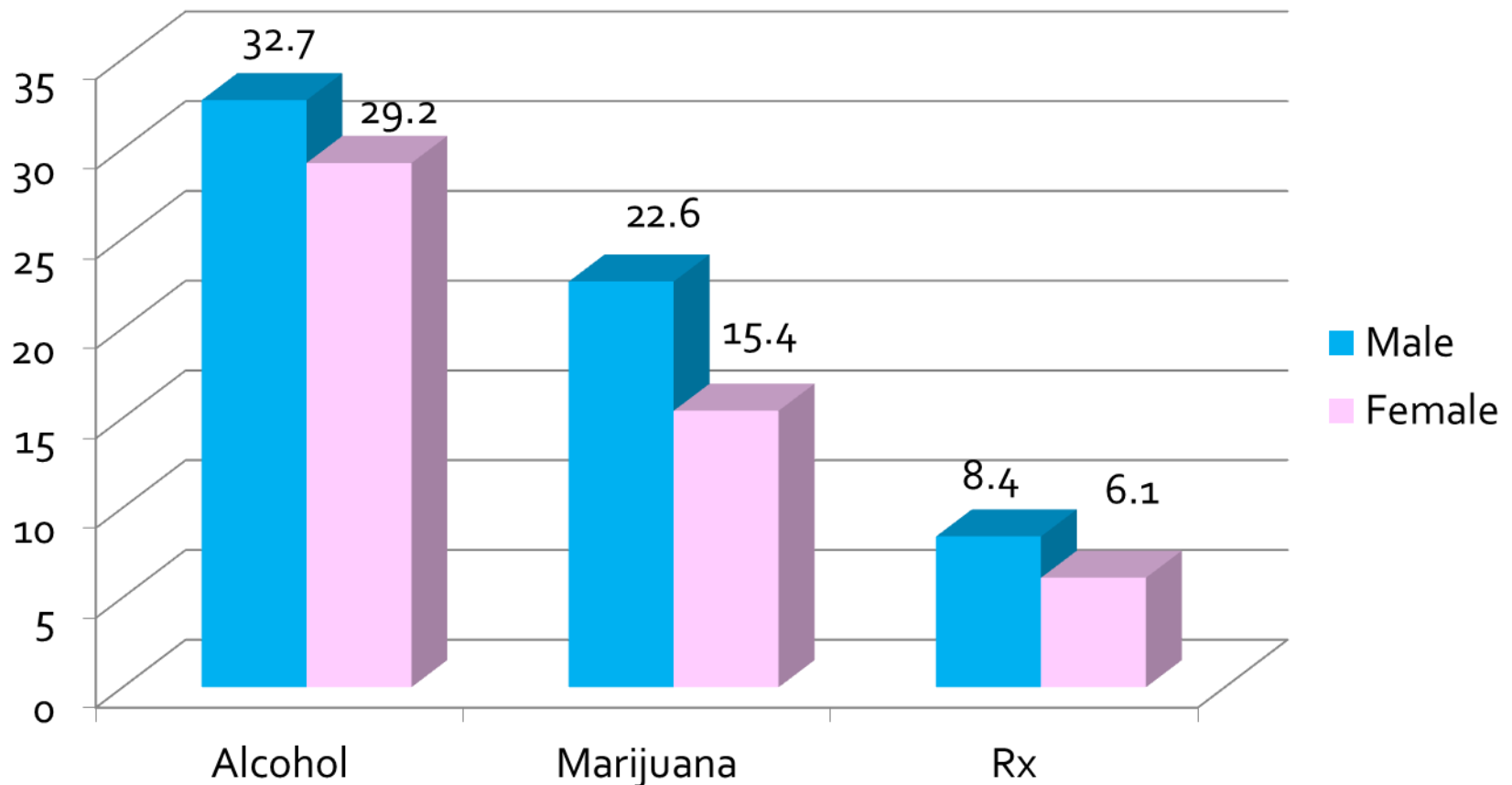
Protective Factors

School and Community Activities

2012 Seniors - % who have never used

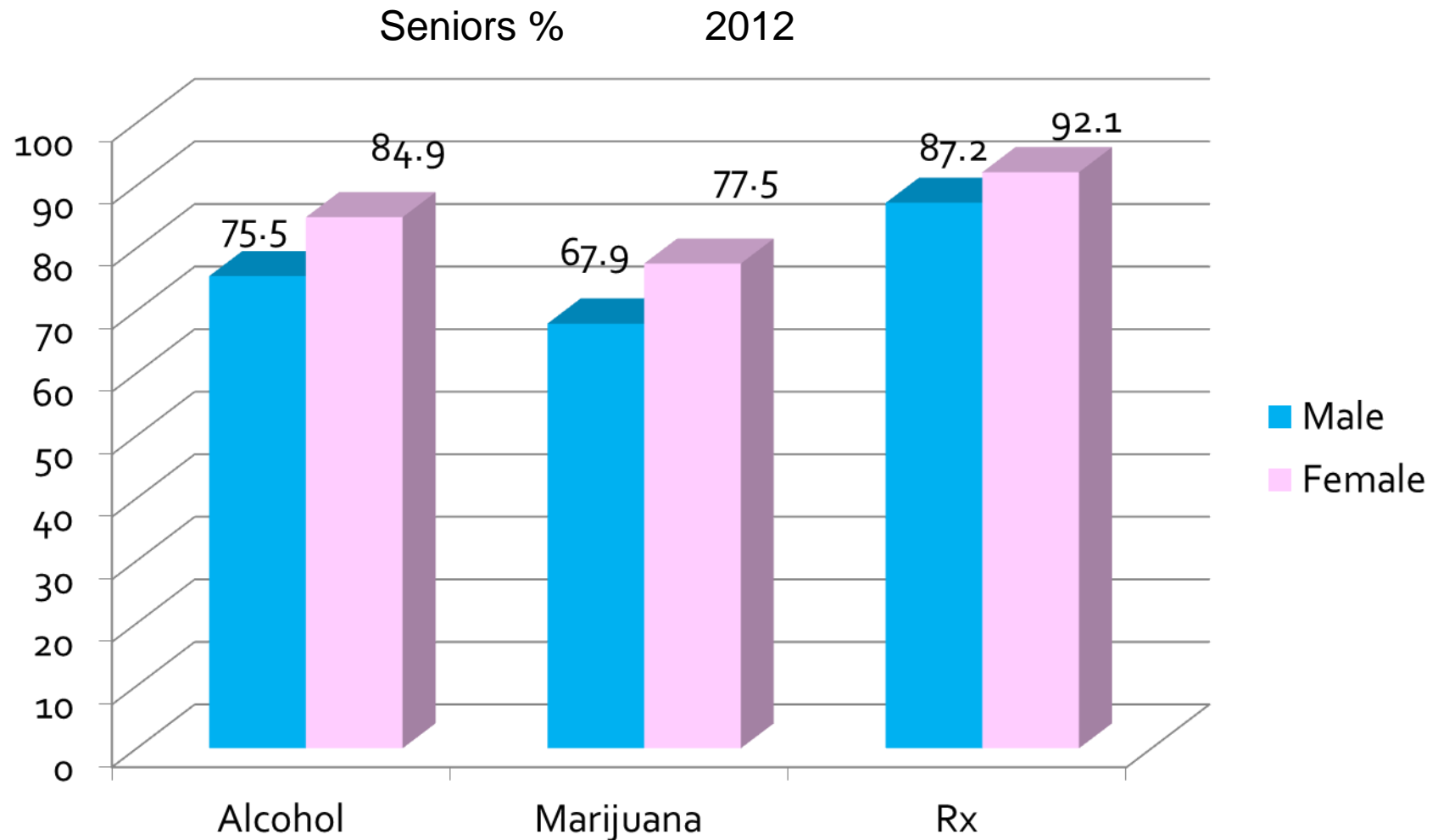
2010	% of total students surveyed	Involved in community activities	Involved in school activities	involved in school sports
Alcohol	29.1	50.5	48.1	46.7
Marijuana	60.3	76.4	72.4	69.2
Rx Drugs	89.1	94.9	94.5	95.0

Gender: 30 Day Use Pattern of 2012 Seniors who report using



Does Gender Matter?

Perception of Peer Disapproval



Marijuana Use, Assets and Gender

Seniors who have never used...

Assets	Male	Female	% of all students who have never used
School Activities	65.9	78.8	60.3
School Sports	64	76.3	60.3
Parents Set Rules	62.9	74.9	60.3
Discuss effects of drugs & alcohol	64.5	75.2	60.3
Involved in education	64.1	78	60.3

Key Points: Marijuana

- The perception of risk and peer attitude toward marijuana is concerning.
- Marijuana is seen as a low risk substance
- Youth perceive it is riskier to drink alcohol and take prescription drugs than to smoke pot.
- Thirty day use of marijuana is higher than thirty day use of tobacco.

Key Points: Gender

- Boys report use of all substances at a higher rate than girls
- Girls perceive that their peers disapprove of use more than boys.
- Assets and protective factors seem to have more of an impact on girls than on boys in reducing use rates.

Key Points:

Synthetics (Bath Salts, K2, Spice)

- Emerging issue
- 2012 Seniors report a higher lifetime use of synthetics than Rx drugs
- Access is comparable to Rx drugs and Heroin
- 10th grade age of onset (14.48)

Key Points: Prescription Drugs

- Rx drugs and Heroin use is down
- In 2004/2005 Fairfield County Rx drug 30 day use was at or above national averages.
 - Over last eight years slow, but steady reduction in Rx use resulting in our 2012 thirty day rate which is now lower than the national average
- Impact on young adult use
- Fairfield County is recognized as a leader in taking action against prescription drugs. All of our efforts are bearing fruit.

Key Points: Getting Better

- Age of onset for all substances is increasing
- Frequent use of all substances has decreased
- Ease of access is down for all substances, except heroin (which showed an increase for 10th graders)
- Parent parties are down
- Binge drinking is down.

Can't take our eyes off the goal, which is reduction of all substances.

What's Working in Fairfield County?

- **Increasing awareness and readiness**
 - Media -website, facebook
 - Tools for parents – parent education classes, Parents Who Host campaign
 - Town Hall Meetings
- **Providing education and support**
 - Training – Adolescence and the Brain, Teen Culture, Stages of Change, Teens & Prescription Drugs, Medical Marijuana
 - Local coalition development
 - Teen Screen
 - Drug & Alcohol Prevention in our schools
- **Encourage best practices and advocate for policy change**
 - Responsible Beverage Server Training, social host laws, outdoor festival policies, compliance checks
- **Families**
 - Family Movie Night
 - Setting and enforcing rules and talking to your kids makes a difference
 - Youth activities
 - Neighborhood Watch

Community

- Preventing teen drug and alcohol use takes a full community effort.
- Substance abuse has many interrelated causes, and no single program or agency can address them all.
- Due to the nature of this work, the effort must be consistently sustained for results to accrue over time.
- Prevention works - protective factors are increasingly more effective, again causing use rates to go down.
- Collaboration works - Shifts in community attitudes continue to drive drug use rates down.

Thank you to our school partners!

Participating Schools

Amanda -Clearcreek Local School District
Berne Union Local School District
Bloom - Carroll Local School District
Fairfield Union Local School District
Fisher Catholic High School
Lancaster City School District
Liberty Union -Thurston Local School District
Pickerington Local School District - Central
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For more information or to schedule a presentation contact:
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