

What is the NAMI Connection Recovery Support Group Program?

NAMI Connection is a recovery support group program that offers respect, understanding, encouragement and hope. NAMI Connection groups are:

- **Free and confidential**
- **Designed to connect, encourage, and support participants using a structured support group model**
- **Led by trained facilitators living in recovery themselves**

NAMI of Fairfield County, the local organization of the National Alliance on Mental Illness, offers a NAMI Connection Recovery Support Groups in the Fairfield County area.

- **3rd Tuesday of the Month at 6:30pm**
 - 1663 E. Main Street, Lancaster, OH (please enter through door at front of building closest to the street)
 - Contact: Jeana Johnson (740) 277-6125

Participant Perspectives

“NAMI Connection has made me realize that I can truly feel comfortable around my peers and I really needed that feeling!”

“NAMI Connection is the promise of what is and what can be in our lives.”

Contact us to find out more about NAMI Connection Recovery Support Groups!

www.facebook.com/ohionami

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI {Affiliate Name} is an affiliate of NAMI {State}. NAMI {Affiliate Name} and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.