

Fairfield County ADAMH Board Network of Care
Contract Agencies:

The Lighthouse



The Recovery Center



Mid-Ohio Psychological Services



New Horizons Mental Health Services



Fairfield Mental Health Consumer Group



Fairfield County 2-1-1/Information & Referral



Fairfield County Family, Adult & Children First Council



Lutheran Social Services of Southern Ohio



National Alliance for the Mentally Ill (NAMI)



Big Brothers Big Sisters of Fairfield County



Mental Health America of Franklin County



Tyler's Light



Detailed information for all the agencies is available at
www.fairfieldadamh.org



SFY 2016 Annual Report



**Fairfield County Alcohol, Drug Addiction
and Mental Health Board (ADAMH)**

108 W. Main Street, Suite A

Lancaster, OH 43130

24 hour Crisis Hotline

740-687-TALK (8255) or 1-800-825-0841

www.fairfieldadamh.org

Fairfield ADAMH Find us on

A Message from the Director: 2016

The Fairfield County Alcohol, Drug Addiction, and Mental Health (ADAMH) Board appreciates the opportunity to serve the citizens of Fairfield County. Personally, I am so grateful for the strong continued commitment of the ADAMH Board Members, ADAMH Board Staff, Network of Care Providers' Board and Staff, and the many other persons and organizations with whom we partner to improve the well-being of Fairfield County residents.

During SFY 2016, the ADAMH Board developed an increased focus on prevention and early intervention services for children. A mental health and substance abuse prevention and early intervention needs assessment and recommendations for priorities was conducted by the Ohio State University for the ADAMH Board. The ADAMH Board purchased evidenced-based prevention and intervention services for SFY 2017 in accordance with the researchers' recommendations.

Traumaⁱ, and its relationship to the development of mental health and addiction disorders, became an increased area of ADAMH Board focus. Each additional childhood experience of trauma, or "Adverse Childhood Experience" or "ACE", increases the likelihood of negative life outcomes for that child according to Vincent J. Feletti, M.D.. For example, he states that "a child with an ACE Score of 6, when compared to a male child with an ACE Score of 0, has a 46-fold (4,600%) increase in the likelihood of becoming an injection drug user sometime later in life"ⁱⁱ. It is believed that these negative life outcomes (depression, anxiety, eating disorders, substance abuse, etc.) frequently "represent valiant neurobiological attempts to cope with trauma"ⁱⁱⁱ.

To effect the best possible life outcome for a child, it is imperative to provide children with tools to build resiliency throughout childhood, adolescence, and young adulthood. Since a brain is typically not fully developed until roughly age 25, providing prevention and early intervention services throughout those years provides an opportunity to change the life trajectory at the earliest possible point to effect the best possible life outcome. As with many medical disorders, there is strong evidence to suggest that while prevention is optimal, the earlier an intervention is implemented the more likely it is to lead to an improved prognosis.

Board Members

Erin Roylance, D.O., Chairperson
Sheri Perry, Vice Chairperson
Joseph Sidon, Secretary
Jay Bahnsen
Adrienne Brown
Caryl Caito
Sam Hurley, III
C. Patrick Marshall
Jonathan McCombs, Ph.D.
Joe Palmer
Jean Reed
Cheri Russo
Jennifer Smith
Jennifer Yancey

Board Staff

Rhonda Myers, Executive Director
David Stretton, Ph.D., Fiscal Officer
Lynn Porter/Maureen Muth Keller, Clinical Care Coordinator
Patricia Waits, Program Coordinator
Nadine Carroll, Public Relations & Accounts Payable
Martha Pool, Administrative & Research Assistant

Public-Private Solutions

(shared staff with two other Board areas)
Jim Averill, Director
Robert Peare, Programmer Analyst

ADAMH Annual Dinner 2016

It was a great privilege for the ADAMH Board and its staff to host this year's Network of Care Annual Dinner on May 24, 2016. This was a perfect time for fellowship among our community agencies, as well as the opportunity to reaffirm our shared commitments to the vital issues of alcohol abuse, drug and other addictions, and mental health. Cheri Walters from the Ohio Association of Behavioral Health Care Agencies presented a slideshow on the Recovery is Beautiful campaign. Agency Directors/Representatives also gave a brief talk about their agencies to educate board and community members that were in attendance at the dinner.



ADAMH Board Members & Exec. Director (not pictured: Patrick Marshall, Joe Sidon, Jennifer Yancey & Sam Hurley)



ADAMH Board Member, Joe Palmer leading the invocation at the 2016 Annual Dinner



Agency Representatives waiting on their turn to address the crowd



Cheri Walters presenting information on the Recovery is Beautiful campaign

Our mission is to reduce the impact of **mental illness, substance abuse and family violence in Fairfield County.**

Message from the Director Continued

We continue to be thankful for all those who share our passion and are committed to preventing mental health and addiction disorders and promoting wellness/recovery from mental health and addiction disorders in Fairfield County. Please visit the ADAMH Board website at www.fairfieldadamh.org to learn more about resources available through the Fairfield County ADAMH Board.

Thank you so much for your continued support!

Rhonda Myers

Rhonda Myers, MA, MSW, LISW-S
Executive Director

ⁱSubstance Abuse and Mental Health Administration. Trauma Informed Care in Behavioral Health Services. Treatment Improvement Protocol (TIP) 57. <https://store.samhsa.gov/shin/content/SMA14-4816/SMA14-4816.pdf>

ⁱⁱFelliti, Vincent, M.D. "The Origins of Addiction: Evidences from the adverse childhood experiences study" p. 7 <http://www.mentalhealthexcellence.org/wp-content/uploads/2014/03/Felitti-VJ-Origins-of-Addiction-Evidence-fr-ACE-Study-2003.pdf>

ⁱⁱⁱOhio Departments of Developmental Disabilities and Mental Health and Addiction Services. Trauma-informed approach: Key assumptions and principles. Trauma-informed care "Creating Environments of Resiliency and Hope". p. 59

Note: SFY stands for State Fiscal Year which starts July 1st and ends on June 30th.

Financials

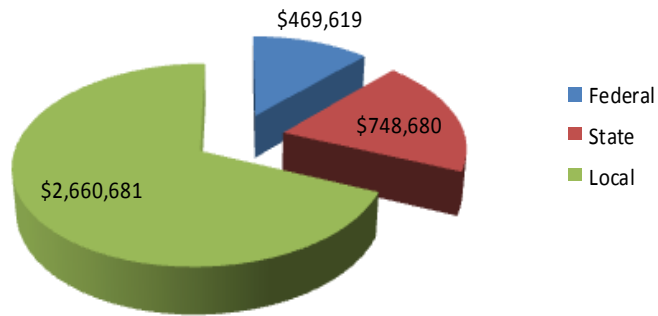
SFY 2016 Revenue

Federal	\$469,619
State	\$748,680
Local	<u>\$2,660,681</u>
Total	\$3,878,980

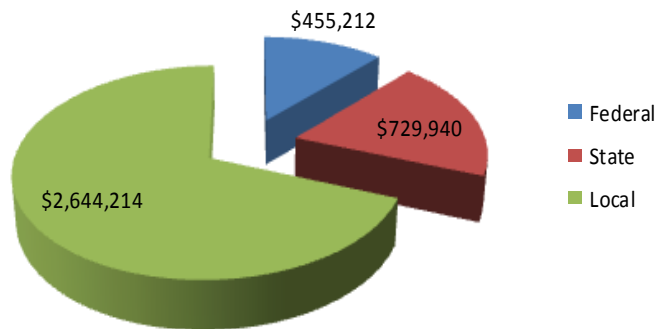
SFY 2016 Expenses

Federal	\$455,212
State	\$729,940
Local	<u>\$2,644,214</u>
Total	\$3,829,366

SFY 2016 Revenue by Funding Type



SFY 2016 Expenses by Funding Type



ADAMH Annual Dinner 2016



Award Winners—L-R
Stigma Busters—Shirlee Estell and
Marilyn Ford, Fairfield County NAMI.
Friend of ADAMH—Chris Burris



ADAMH Board Chair Erin Roylance, D.O. wel-
coming the attendees to the 2016 Annual
Dinner



ADAMH Board Chair, and award winners
listening to Commissioner Levacy speaking
to the crowd at the Annual Dinner



Commissioner Levacy leading a round
of applause for the award winners



Some of the attendees at the 2016
Annual Dinner

Gallery

The Board staff also continued its routine (non-levy) activities including: its tenth year of hosting artists at the ArtWalk and providing information and resources to fairgoers from its fair booth location at the Fairfield County Fair every year since 1995. Chamber tradeshow and annual dinners also saw ADAMH Board staff in attendance to further spread awareness about the ADAMH Board Network of Care. Mental Health First Aid trainings continue to be very popular. Trainings were held almost every month and included trainings for people working with adults and people working with youth. There were a total of 128 people trained in SFY 16!



Board Training, Sept 2015
Deb Smith leading the training on Addiction;
A Biological Learning Perspective



Board Training, Sept 2015



Rochelle Dunn, Ethics/Supervision Training 2/5/16



Rhonda Myers introducing Rochelle Dunn
at the Ethics/Supervision Training 2/5/16

Gallery



ADAMH Board Members
during the 1/26/16 Board
meeting



ADAMH Board display
and Flags at the Fairfield
County Stand Down for
Vets 5/25/16



Rhonda Myers
addressing the
Pickerington
Chamber about
May is Mental
Health Month
when we sponsored the May
luncheon
meeting
5/19/16



Highlights

- Increased efficiency and effectiveness of ADAMH Board purchased services by:
 - developing a program budgeting structure to inform and guide the SFY 2017 service proposal solicitation and allocation process, and
 - conducting an analysis of the ADAMH Board Continuum of Care to develop SFY 2017 program recommendations.
- Provided a wide variety of mental health and addiction prevention, intervention, treatment, housing, wrap around, and supportive services through funding to more than 12 contract agencies.
- Increased community understanding and ability to intervene in mental health crisis situations by conducting 8 Mental Health First Aid Trainings. Ninety-seven (97) adults were trained in Mental Health First Aid for Youth; 31 adults were trained in Mental Health First Aid for Adults.
- Increased community knowledge and awareness of mental health and addiction disorders and relevant resources by distributing a variety of educational materials through attendance at community events such as the Fairfield County Fair, Ohio University-Lancaster Celebrate Women, Chambers of Commerce Events, and others.
- Hosted artists in the Lancaster Festival Artwalk for the tenth year, displaying over 120 pieces of art; including the Fairfield County Photography Project. The Fairfield County Photography Project, funded by the ADAMH Board, uses photography as an important tool in the lives of persons in recovery from addiction and/or mental health disorders.
- Established a baseline of Trauma Informed Care readiness for the local mental health and addiction service system in collaboration with 20 other Fairfield County organizations. A survey regarding Trauma Informed Care Readiness was conducted among participating partners of the Fairfield County Family, Adult and Children First Council Building Trauma Informed Systems Workgroup (BITS) with ADAMH providing technical assistance while preparing the survey for dissemination, data collection and analysis, and providing individual, systems, and Fairfield County level reports.

Highlights

- Focused future Board service development around recovery oriented principles of care. A local Recovery Oriented System of Care (ROSC) survey was implemented, in collaboration with the Ohio Association of Behavioral Health Care Authorities who also provided a ROSC training at the Board's Annual Dinner.
- May is Mental Health Month events included a co-sponsorship of the Pickerington Chamber of Commerce's May monthly lunch, including a brief spoken overview of the ADAMH Board, distribution of materials, and the Board's display/resource table.
- Increased sober housing options for persons in recovery from an addiction disorder via receipt of a one year Ohio Department of Mental Health and Addiction Services (OMHAS) Sober Housing Grant.
- Improved professional skills to individual community mental health and addiction service providers by hosting continuing education training on the following topics: Professional Ethics, Clinical Supervision, Prevention Ethics, and Trauma Informed Care and Sexual Abuse.
- Increased effectiveness of SFY 2017 Board purchased Prevention Services by engaging the Ohio State University to complete a needs assessment of Fairfield County mental health and addiction prevention and early intervention services.
- The Pickerington-based and Lancaster-based Opiate Task Forces joined forces to complete a joint Strategic Plan for moving forward together. Funding for the initiative was provided by the federal Harold Rogers Prescription Drug Monitoring Grant.

