

FAIRFIELD COUNTY PREVENTION IN FOCUS

AN ENEWSLETTER BY THE FAIRFIELD COUNTY ADAMH BOARD FOR SCHOOLS, PARENTS, AND STUDENTS

OCTOBER 2022 · ISSUE 2 · VOLUME 3

## OHIOGUIDESTONE

OhioGuidestone, one of the largest behavioral health agencies in the state, has been helping individuals reset their paths, reclaim their autonomies, and restore their purposes for more than 156 years. We are assisting individuals through our school-based services, community counseling, substance use disorder treatment, psychiatric care, early childhood services, prevention programs, and more.

OhioGuidestone believes that early intervention and prevention programs help guide the way for lifelong success. This year we wanted to highlight one of our new programs, called 7 Mindsets, that we are presenting in several Fairfield County school districts.

7 Mindsets is a prevention program that is also listed on House Bill 123 Save Ohio (Safety and Violence Education Act). 7 Mindsets is offered from kindergarten through 12th grade and focuses on the following seven topics:

- 1. Everything is Possible
- 2. Passion First
- 3. We are Connected
- 4. 100% Accountable
- 5. Attitude of Gratitude
- 6. Live to Give
- 7. The Time is Now



We are excited to bring this great new prevention program to the Fairfield County school districts we serve. For more information on OhioGuidestone's services in Fairfield County, please contact: Fairfield Prevention Supervisor Jessica Vaughn at 614.307.7916 or jessica.vaughn@ohioguidestone.org.



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## NATIONAL PRESCRIPTION DRUG TAKE BACK DAY



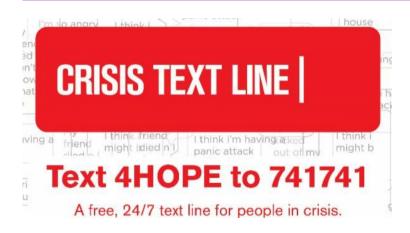
October is National Medicine Abuse Awareness Month. Did vou know that teens who learn about the risks of drugs from their parents are 50% less likely to use drugs? So, create a medicine action plan to ensure you're using, storing, and disposing of

medicines safely. One way to do this is through National Prescription Drug Take Back Day events happening locally from 10 a.m. to 2 p.m. on Saturday, October 29, 2022. For more information and to find the event nearest you, visit www.dea.gov/takebackday. Can't make it to this month's event? You can click here to find authorized collectors in your area for yearround drug disposal.

## **NETWORK OF CARE PROVIDERS**

- <u>Big Brothers Big Sisters of Fairfield</u> <u>The Lighthouse</u> County
- Fairfield Center of Hope
- Fairfield County 2-1-1 (Information & Referral)
- Fairfield County Family, Adult and Children First Council
- Lancaster/Fairfield Community Action
- Lancaster Recovery Services

- Lutheran Social Services Faith Mission of Fairfield County
- Mental Health America of Ohio
- Mid-Ohio Psychological Services, Inc.
- New Horizons Mental Health Services
- OhioGuidestone
- The Recovery Center



## Mental Health Crisis Hotline

740.687.8255 Toll-free: 855.431.0803 You can also call 9-8-8.

24/7/365



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