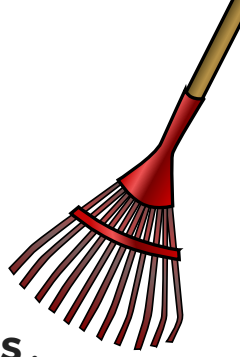




FAIRFIELD COUNTY PREVENTION IN FOCUS

AN ENEWSLETTER BY THE FAIRFIELD COUNTY ADAMH BOARD FOR SCHOOLS, PARENTS, AND STUDENTS



OCTOBER 2021 • ISSUE 2 • VOLUME 2



FAIRFIELD COUNTY FAMILY, ADULT AND CHILDREN FIRST COUNCIL PARENT EDUCATION CLASSES



Fairfield County Family, Adult and Children First Council (FACFC) offers the following free parent education classes:

- First Five Years (for parents of children birth–5 years old) addresses the stages of development, parenting styles, and non-violent discipline.
- Active Parenting (for parents of children 5–12 years old) addresses non-violent discipline, positive communication, and encouragement.
- Active Parenting for Stepfamilies addresses the circumstances that emerge when a stepfamily forms.
- Triple P (for parents of children birth–12 years old) discusses what causes kids' behaviors.
- Loving Solutions (for parents of children 5–12 old) discusses unwanted behaviors, improving school performance, and ADHD/ADD.
- Parent Project is for parents of children 12–18 who may be displaying destructive behaviors.

Parents who take these classes will gain an understanding of their children's development and needs along with how to guide and assist them through each stage in life in positive manner. To enroll or learn more, contact Brandy Heeter at 740.652.7287 or brandy.heeter@fairfieldcountyohio.gov.



OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

In 1980, The Lighthouse began serving survivors of domestic violence with protective shelter and support services throughout Lancaster and Fairfield County and has been in continuous operation for over 41 years. The mission is to provide safety, support, and advocacy to help survivors heal while empowering them to break the cycle of violence. The Lighthouse is the only domestic violence shelter in Fairfield County and provides a 24/7 crisis line and access to both women and men to the shelter, case management, and victim advocacy services.

The Lighthouse operates with just 13 full- and part-time employees. Victim advocates provide an invaluable and necessary service as a liaison with both Fairfield County Municipal Court and the Court of Common Pleas, defense counsel, and the



DOMESTIC VIOLENCE AWARENESS MONTH CONTINUED ...

defendant on behalf of the victims of crime. House managers handle incoming crisis calls; oversee, manage, and maintain all aspects of household operations in a group-living setting; and provide individual advocacy to shelter residents.

Many people who experience domestic violence don't seek help. If you are in crisis, or know someone who is, please call the 24-hour crisis line at 740.687.4423. A trained professional will develop a safety plan to help you escape the situation. For more information, visit www.lancasterlh.org.

NETWORK OF CARE PROVIDERS

- [Big Brothers Big Sisters of Fairfield County](#)
- [Fairfield County 2-1-1 \(Information & Referral\)](#)
- [Fairfield County Family, Adult and Children First Council](#)
- [Fairfield Mental Health Consumer Group](#)
- [Lancaster/Fairfield Community Action](#)
- [The Lighthouse](#)
- [Lutheran Social Services Faith Mission of Fairfield County](#)
- [Mental Health America of Ohio](#)
- [Mid-Ohio Psychological Services, Inc.](#)
- [New Horizons Mental Health Services](#)
- [OhioGuidestone](#)
- [The Recovery Center](#)

CRISIS TEXT LINE |

Text 4HOPE to 741741

A free, 24/7 text line for people in crisis.

Mental Health Crisis Hotline

740.687.8255

Toll-free: 855.431.0803

24/7/365



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