



Education Program

Free for family members, partners and significant others of individuals living with

Major Depression
Bipolar Disorder (Manic Depression)
Schizophrenia and Schizoaffective Disorder
Borderline Personality Disorder
Panic Disorder
Obsessive Compulsive Disorder
Post-Traumatic Stress Disorder (PTSD)
Co-occurring Brain and Addictive Disorders

A series of 8 sessions structured to help caregivers understand and support individuals with serious mental illness while maintaining their own well-being. The course is taught by a team of trained NAMI family member volunteers who know what it is like to have a loved one struggling with one of these brain disorders. There is no cost to participate in the NAMI Family-to-Family Education Program. Over 300,000 people in the U.S., Canada, Mexico, and Italy have completed this course. We think you will be pleased by how much assistance the program offers. We invite you to call for more information.

Class Times

Tuesdays
September 7, 2021 through October 26, 2021
7:00 PM to 9:30 PM

Due to the pandemic, we will be holding these sessions virtually via Zoom.

For caregivers only
Registration required by September 1, 2021

To register or to obtain more information, please contact
Mark Conrad at mconrad92@gmail.com or 740-243-4933.

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