

# THE ADAMH STAR

An newsletter of the Fairfield County ADAMH Board



**Our Mission: To promote healing,  
support recovery, and provide  
prevention and treatment services of  
mental health and addiction disorders  
within our community**

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## A SPRAY CAN SAVE A LIFE



**BY PREVENTION COORDINATOR  
TONI ASHTON, MSED, LSW, OCPC**

The threat of an ongoing opioid epidemic continues with many lives at risk from overdose.

Community-based Naloxone or Narcan is a big part of the overall fight against the consistent increase in death rates.

In Fairfield County in 2018, 2019, and 2020, there were 107 unintentional overdose deaths. The Fairfield County Opiate Task Force and Project F.O.R.T. (Fairfield County Overdose Response Team) are trying to reduce the overdose death numbers in Fairfield County by distributing Naloxone/Narcan to community members.

NARCAN® Nasal Spray may counteract the life-threatening effects of an opioid overdose. Since most accidental overdoses occur in a home setting, the harm reduction medication was originally developed for first responders as well as family, friends, and caregivers. Narcan is needle-free, designed for ease-of-use in the community setting, and requires no specialized medical training.

If you would like to receive a free Narcan kit with training, you can visit the Fairfield County ADAMH Board booth in the Art Hall at the Fairfield County Fair on Monday, October 11, 2021, from 1 –9 p.m. or Wednesday, October 13 from 5–9p.m.

You may also contact Project F.O.R.T. directly at 740.901.1598.

To view public service announcements from the Opiate Task Force and ADAMH, visit [ADAMH's YouTube channel](#).

For more information on Naloxone/Narcan, visit [www.addictionpolicy.org/post/naloxone-facts](http://www.addictionpolicy.org/post/naloxone-facts).



## BOARD MEMBER UPDATES

### Laura Holton Resigns



Thank you and best wishes, Laura Holton! The ADAMH Board would like to offer a BIG THANK YOU to her for her excellent and dedicated service! During Ms. Holton's tenure on the Board, she served as the chairperson

of the Continuous Quality Improvement (CQI) Committee. We will miss her and wish her the very best for the future!

### New Board Members Appointed

Welcome, Whitney Babbert; Michelle Duncan, LICDC, LISW; Letisha Leach, MSN, RN, CNP; and Mary Schwader! They became official ADAMH Board members at the September Board meeting. Sworn in by the Fairfield County Municipal Court Judge Jim Fields, Ms. Babbert, Ms. Duncan, Ms. Leach, and Ms. Schwader were appointed by the Fairfield County Commission or the Ohio Department of Mental Health and Addiction Services.

## STAFF UPDATES

### Farewell

- Office Assistant/Accounts Payable Tonya Wright

### Welcome

- Finance Assistant Connie Vargo who joined on 9/20/21
- VISTA Americorps Cassandra Woodroof



We are so glad to have them as part of Team ADAMH and appreciate the unique talents they bring to our office!

## UPCOMING EVENTS

### Save the Dates

- 10/1/21, 8:30 a.m.–4:30 p.m. — Ethics and Supervision
- 10/11/21–10/16/21 — Fairfield County Fair
- 10/29/21, 8:30 a.m.–4:30 p.m. — Mental Health First Aid
- 11/19/21, 8:30 a.m.–4:30 p.m. — Mental Health First Aid

## NETWORK OF CARE AGENCIES OF THE MONTH

The ADAMH Board recognizes and congratulates the following as Network of Care Agencies of the Month:

- August — [Fairfield County 2-1-1 \(Information & Referral\)](#).
- September — [The Recovery Center](#)
- October — [The Lighthouse](#)

