# THE ADAMH STAR

An enewsletter of the Fairfield County ADAMH Board

# WHAT IS Inside

**IN APPRECIATION - 1** 

BOARD MEMBER UPDATES - 2

**STAFF UPDATES - 2** 

**UPCOMING EVENTS - 2** 

**FUNDING UPDATES - 3** 

**TRAININGS/EVENTS - 3** 

**COMMUNITY IMPACT - 3** 

NETWORK OF CARE PROVIDERS - 3

**CONTACT ADAMH - 4** 



Our Mission: To promote healing, support recovery, and provide prevention and treatment services of mental health and addiction disorders within our community

# GREETINGS

#### BY EXECUTIVE DIRECTOR RHONDA MYERS, MA, MSW, LISW-S



It is an honor and a privilege for the Alcohol, Drug Addiction and Mental

Health (ADAMH) Board to serve Fairfield County residents! To better keep the public informed, ADAMH is beginning a new periodical! This first issue will be a recap of the first half of State Fiscal Year 2021 (7/1/20– 12/3120)! We hope you will find it helpful! If you have any questions or suggestions for content, please contact Public Relations Coordinator Latina Duffy at Iduffy@ohiopps.org.

Best wishes for a wonderful holiday season and new year from the ADAMH Board and staff!



# IN APPRECIATION

The ADAMH Board is very grateful for the generosity of the Fairfield County Commission in its reimbursement to the ADAMH Board with 2020 federal C.A.R.E.S (Coronavirus Aid, Relief, and Economic Security) Act funding for ADAMH Board staff telework equipment!

### **BOARD MEMBER UPDATES**

#### Lisa Wells Resigns



Thank you and best wishes, Lisa Wells! The ADAMH Board would like to offer a BIG THANK YOU to outgoing (11/30/2020) Board Member Wells for her

excellent and dedicated service! During Ms. Wells' tenure on the Board, she served on the Community Relations and Property committees and was the Mental Health and Addiction Committee chairperson. We will miss her and wish her the best for the future!

#### Laura Coholich Elected ADAMH Board Secretary

Congratulations and thanks to Laura Coholich, who was nominated, graciously agreed to serve, and unanimously voted in as the ADAMH Board secretary for a two-year term (7/1/20–6/30/22) at the 9/29/20 Board meeting. She replaces Joseph Palmer who became the Board vice-chairperson in June 2020.

#### **New Board Member Appointed**

Welcome back, Todd McCullough! The ADAMH Board welcomed former Board Member McCullough back at its 12/8/20 meeting. Mr. McCullough was appointed by the Fairfield County Commission and sworn in by the Fairfield County Prosecutor's Office earlier that day.

### **STAFF UPDATES**

#### Welcome

- New ADAMH Associate Director Marcy Fields who joined on 8/17/20
- Program Coordinator Miranda Gray who started 12/1/20
- New Community Planning and Program Researcher (Americorps VISTA Member) David Suman who began 7/20/20

We are so glad to have them as part of Team ADAMH and appreciate the unique talents they bring to our office!

#### Farewell

On 10/30/20, we said a big thanks and best wishes for a wonderful retirement to Program Coordinator Patricia Waits for her long-time service to the mental health and addiction field and the ADAMH Board.



### **UPCOMING EVENTS**

#### Save the Dates

- 1/14/20, 8:45 a.m.–4 p.m. <u>Ohio Attorney</u> <u>General's Second Annual Ohio Human</u> <u>Trafficking Summit (Virtual)</u>
- 5/11/21–5/13/2021 11th Annual Ohio Opiates and Other Drugs Conference (Virtual)

### SYSTEM ACCOMPLISHMENTS

#### SFY 2021 ADAMH Board Retreat

ADAMH Board members participated in a half-day Zoom Retreat co-led by Board Chairperson Jonathan McCombs, Ph.D., and Vice-chairperson Joseph Palmer. A list of accomplishments can be found <u>here</u>.

### **FUNDING UPDATES**

While the ADAMH Board has an annual funding cycle, periodically funds are allocated midcycle. <u>First and second quarter mid-cycle</u> <u>program funding</u> includes:

- Crisis Grant
- Guardianship Services Board
- Intensive Home-based Therapy
- K-12 School Prevention Funding
- Mobility Manager
- Municipal Court Mental Health Grant
- Narcan Distribution
- Relias Training Contract
- RISE School Contract
- Specialty Docket Administrative Fund
- State Opiate Response Grant (SOR 1.0)

### **TRAINING AND EVENTS**

The ADAMH Board has moved most of its sponsored trainings to a virtual format since COVID restrictions were enacted. <u>All trainings</u> are offered with COVID safety precautions in place!

- Be a Smart Cookie Drive-through Narcan Giveaway and Training
- Amanda Community Watch Event
- Drug Drop-off Event
- Virtual Ethics Training
- Virtual Supervision Training
- Virtual "Pink Slip" Training
- Virtual Advanced Crisis Intervention Team (C.I.T.) Training
- Virtual Matrix Training
- Virtual EMDR (Eye Movement Desensitization and Reprogramming)
- Adult Mental Health First Aid
- Virtual Pax Good Behavior Game (GBG) Training (9/2020)
- Cardio-Pulmonary Resuscitation (CPR)/First Aid Training

### **COMMUNITY IMPACT**

Highlights of Board contract-monitoring activities during the first half of the current state fiscal year <u>include</u>:

#### Distribution of Personal Protective Equipment (PPE) and Cleaning Supplies

The ADAMH Board has been the recipient of personal protective equipment (PPE) and cleaning supplies from the Ohio Association of County Behavioral Health Authorities (OACBHA) which it has been able to distribute free of charge to behavioral health contract agencies and adult care homes. So far this state fiscal year, the following have been provided:

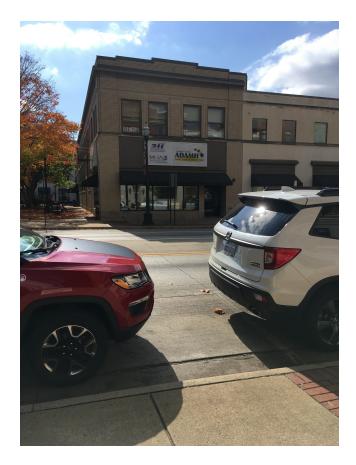
ltems	Number Distributed
Antiseptic Wipes	48 containers of wipes
Masks (KN95)	4,000
Masks (Surgical)	16,000
Gloves	15 boxes

### NETWORK OF CARE PROVIDERS

- <u>Big Brothers Big Sisters of Fairfield</u>
  <u>County</u>
- <u>Fairfield County 2-1-1 (Information &</u> <u>Referral)</u>
- <u>Fairfield County Family, Adult and</u> <u>Children First Council</u>
- Fairfield Mental Health Consumer Group
- Lancaster/Fairfield Community Action
- <u>The Lighthouse</u>
- Lutheran Social Services Faith Mission
  <u>of Fairfield County</u>
- Mental Health America of Ohio
- <u>Mid-Ohio Psychological Services, Inc.</u>
- <u>New Horizons Mental Health Services</u>
- <u>OhioGuidestone</u>
- <u>The Recovery Center</u>

### **CONTACT ADAMH**

Fairfield County ADAMH Board 108 W. Main St., Suite A Lancaster, Ohio 43131 Phone: 740.654.0829 Fax: 740.654.7621 fairfieldadamh@ohiopps.org www.fairfieldadamh.org



You can also always find us on social media:





## HOW ARE YOU DOING?

The COVID pandemic has added a layer of additional stress to the normal pressures of everyday life! Some ideas for how to cope can be found <u>here</u>.

Mental Health America offers a variety of free mental health and substance abuse and parenting screenings on its <u>website</u>.

Need help connecting with a counselor? For free, confidential help, contact the client advocate at 740.475.0415 or toll-free at 855.281.5726.

