

THE COMMUNITY RESILIENCY MODEL[®] TRAINING

3-Part Professional Development Series

Workshop # 1: From Trauma to Resiliency, February 7, 2023

This workshop will provide an overview of the evolution from traditional views of individuals to a trauma-informed understanding to an active resiliency development approach. It will highlight the impacts of trauma and introduce a framework which can support the development of new patterns and skills. It will also introduce The Community Resiliency Model (CRM) as an approach for developing resiliency in ourselves and others.

Workshop #2: Learning the Skills of Resiliency, February 28, 2023

This workshop will focus on learning the skills of The Community Resiliency Model (CRM). This is a stabilization program designed to reset the natural balance of the nervous system. When practiced, these skills can assist professionals, parents, teens, kids, and every other member of a community in reaching a more compassionate, solution-focused, and hopeful place.

Workshop #3: Utilizing the Skills of Resiliency, March 21, 2023

This workshop will focus on utilizing the skills of The Community Resiliency Model (CRM). When practiced on a consistent ongoing basis, these skills can support us in our daily lives. They can also be integrated into our work with others to support regulation, learning, and growth. Once we learn and practice these basic skills, we will be more able to assist others.



Trainers:

Keith Tremblay, LPCC-S

Jennifer Beckley-Watson, LPCC-S

Keith and Jennifer both work for Fairfield County Juvenile Court in the Behavioral Health Department. They are certified CRM trainers through the [Trauma Resource Institute](#).



All workshops will be held at OHIO University Lancaster

1570 Granville Pike, from 3:30 p.m. to 5:30 p.m.

To register for the series, go to:

https://ohio.qualtrics.com/jfe/form/SV_000ECd8mdAa88ZM

Part of Certificates and CEUs series sponsored by
OHIO RHE Workforce Development Grant

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THE COMMUNITY RESILIENCY MODEL (CRM)[®] CRM is a set of biologically based wellness skills aimed to re-set and stabilize the nervous system designed by the Trauma Resource Institute. traumaresourceinstitute.com

SW/C/MFT CEUs will be provided by the Fairfield County ADAMH Board