

Fairfield County  
**ADAMH**  
*Mental Health & Recovery Matter*

FAIRFIELD COUNTY ALCOHOL, DRUG ADDICTION AND  
MENTAL HEALTH (ADAMH) BOARD

# SFY 2021 ANNUAL REPORT

**"BEHIND THE MASK"**

JULY 1, 2020 - JUNE 30, 2021



## Executive Director's Message

State Fiscal Year (SFY) 2021 was another challenging year in Fairfield County. As we look behind the masks, we see the COVID pandemic changed our local behavioral healthcare system needs and approaches in 2020. SFY 2021 continued to throw obstacles and challenges in our way, yet our providers, Board members, and staff persevered.

Our providers all adapted and pivoted their service delivery to continue to serve people in the midst of the pandemic and we are proud of their flexibility and commitment to serving the residents of Fairfield County. From masks to telehealth and social distancing, our agencies did what they needed to keep serving people. However, as we look behind the masks, some populations and services just didn't adapt well to telehealth and social distancing. Our providers also struggled to recruit and hire clinical staff. While this was already difficult, the pandemic ramped it up to another level. The ongoing stress of COVID has escalated mental health and substance use needs that we continue to look for ways to address in our community through new funding and approaches. Our Board members also had to adapt to virtual meetings and barriers to the "normal ways" of doing business but were successful at completing their work.

On the bright side, there have been opportunities for new funding and resources to address and mitigate these issues. The ADAMH Board was able to secure grants from the Ohio Department of Mental Health and Addiction Services to fund new programs. These include:

- urgent support and wellness services for healthcare workers during this time of crisis,
- an innovative approach to the opioid epidemic in our community to break the cycle of addiction when persons are incarcerated,
- reaching out to break down stigma and provide services to persons in rural communities in the county, and
- addressing addiction issues in pregnant moms.

Additionally, we were able to access funding from the state to escalate distribution of naloxone (a.k.a. Narcan) to address and mitigate rising overdose deaths. We continued our activity on our Crisis Stabilization Unit for the county as we prepared to break ground and start the construction on the site in SFY 2022.

In the ADAMH office in SFY 2021, we experienced notable staff changes as our longtime executive director and program coordinator retired and new persons learned these positions. Our new executive assistant also started, and we hired our new full-time finance and operations director to start work early in SFY 2022. The new staff members bring energy and unique skills to the office, which created a nice balance to the experience and wisdom of existing staff. We used SFY 2021 to invest in increasing our organization and efficiency. I am proud of our ADAMH staff and Board members for the way we have embraced new practices and tools to bring our team to the next level in organization to enable the work of our office to be effective and meaningful for Fairfield County.

Stay well — hopefully looking forward to when we will be able to emerge from behind the masks in SFY 2022!



Marcy Fields, LISW-S  
Executive Director

Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board



# SFY 2021 ADAMH Board Members, ADAMH Board Staff, and Public-Private Solutions (PPS) Staff

## **ADAMH Board Members**

Jonathan McCombs, Ph.D., Chairperson  
Joe Palmer, Vice-chairperson  
Laura Coholich, LISW, Secretary  
Vicki Anderson  
Julie Brunner  
Kristi Burre  
Laura Holton  
Todd McCullough  
Cheryl Mace  
Stephanie Mulholland, MSW  
Jennifer Smith  
Lisa Wells  
Jennifer Yancey

## **ADAMH Board Staff**

Rhonda Myers, MA, MSW, LISW-S, Executive Director  
Marcy Fields, LISW-S, Associate Director  
Toni Ashton, M.Ed., LSW, OCPC, Prevention Coordinator  
Deborah Brewer, Executive Assistant  
Jen Dickerson, Accountant  
Latina Duffy, Public Relations Coordinator  
Maureen Muth, LISW-S, Clinical Care Coordinator  
Patricia Waits, M.Ed., LPC, LICDC-CS, Program Coordinator  
Tonya Wright, Accounts Payable/Office Assistant  
David Suman, Community Planning and Program Researcher (Americorps VISTA Member)

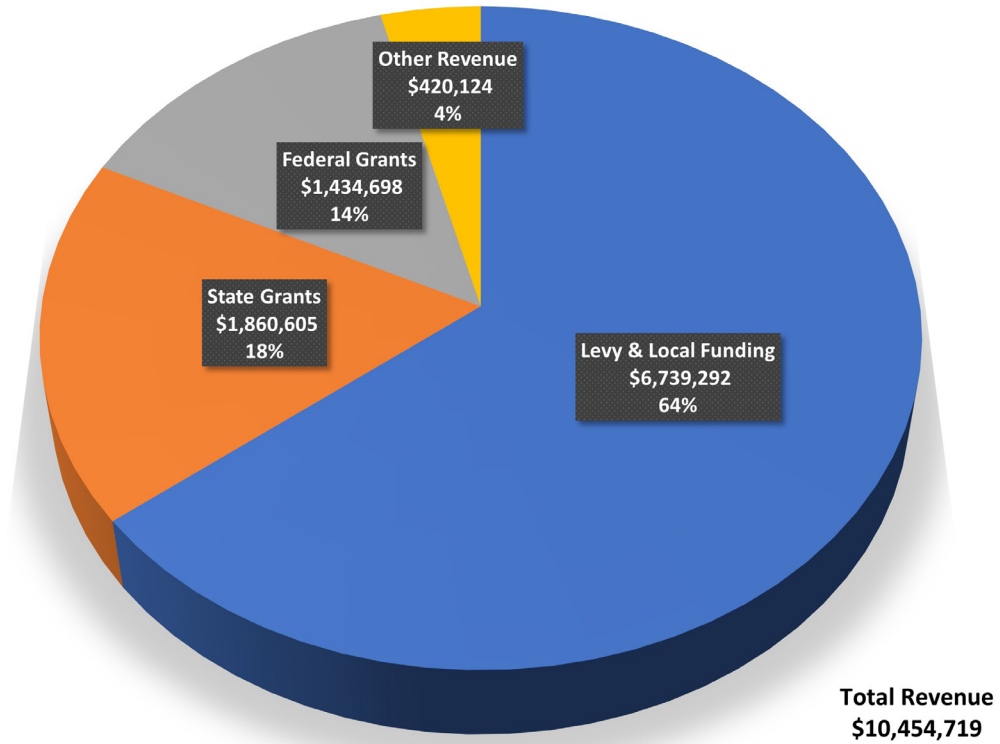
Michael Briskey, Financial Consultant  
Sara McIntosh, M.D., Chief Clinical Officer  
John Snider, Legal Counsel, Assisted Outpatient Treatment  
Charles Elsea, Legal Counsel, Assisted Outpatient Treatment

## **Public~Private Solutions (PPS) Staff (shared among eight ADAMH Board counties)**

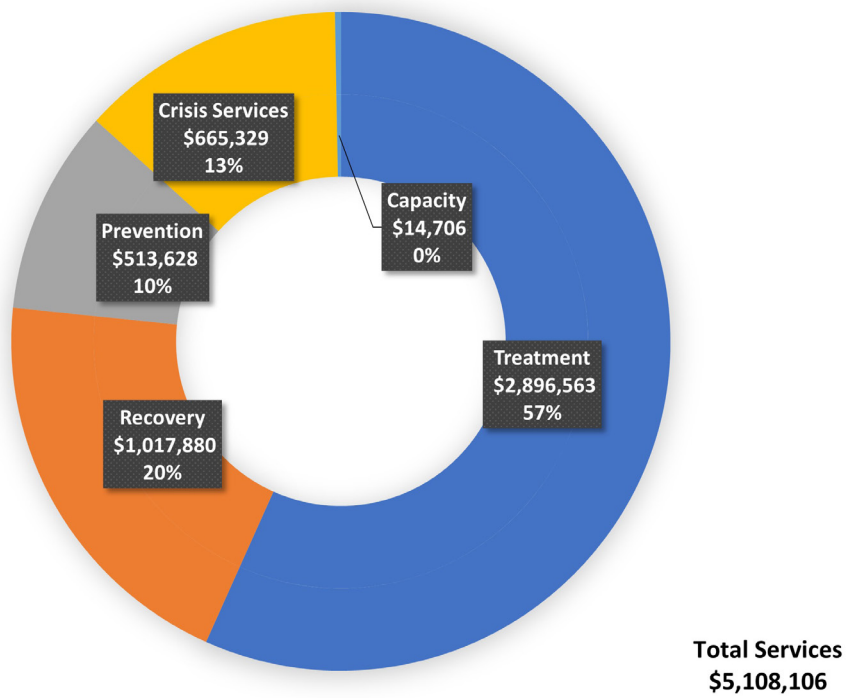
Jim Averill, MIS Director  
Robert Peare, Program Analyst

# SFY 2021 Financials

## ADAMH Fiscal Year 2021 Revenue by Funding Source



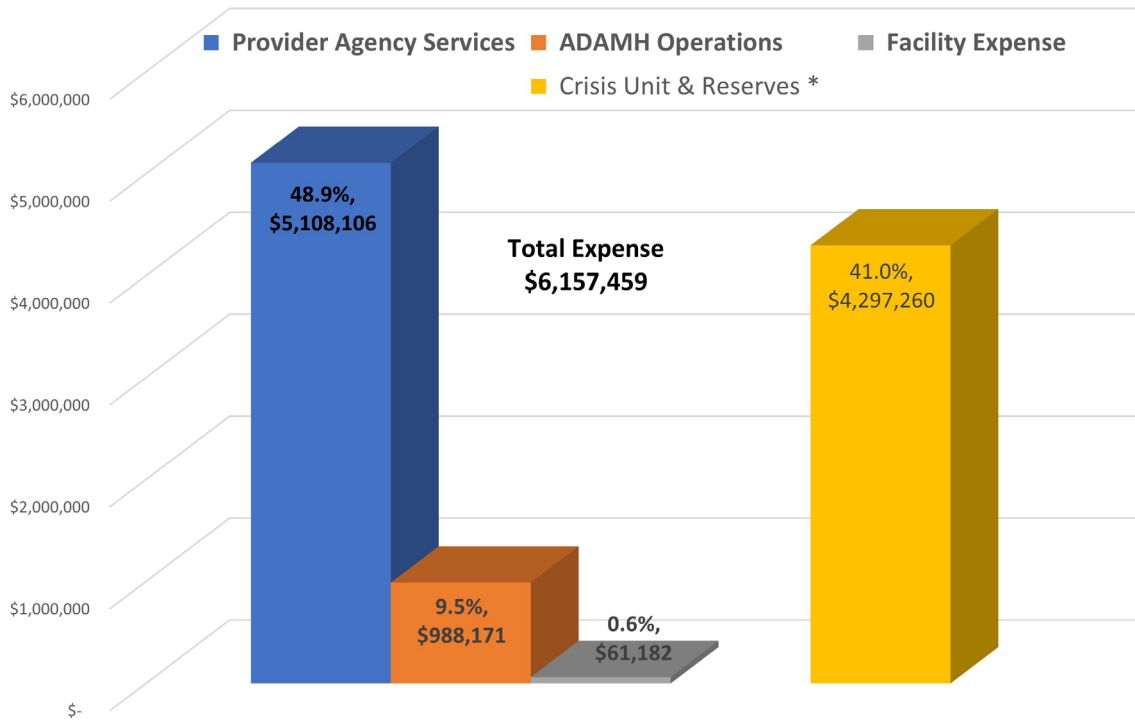
## ADAMH Fiscal Year 2021 Provider Agency Services by Type



## ADAMH Fiscal Year 2021

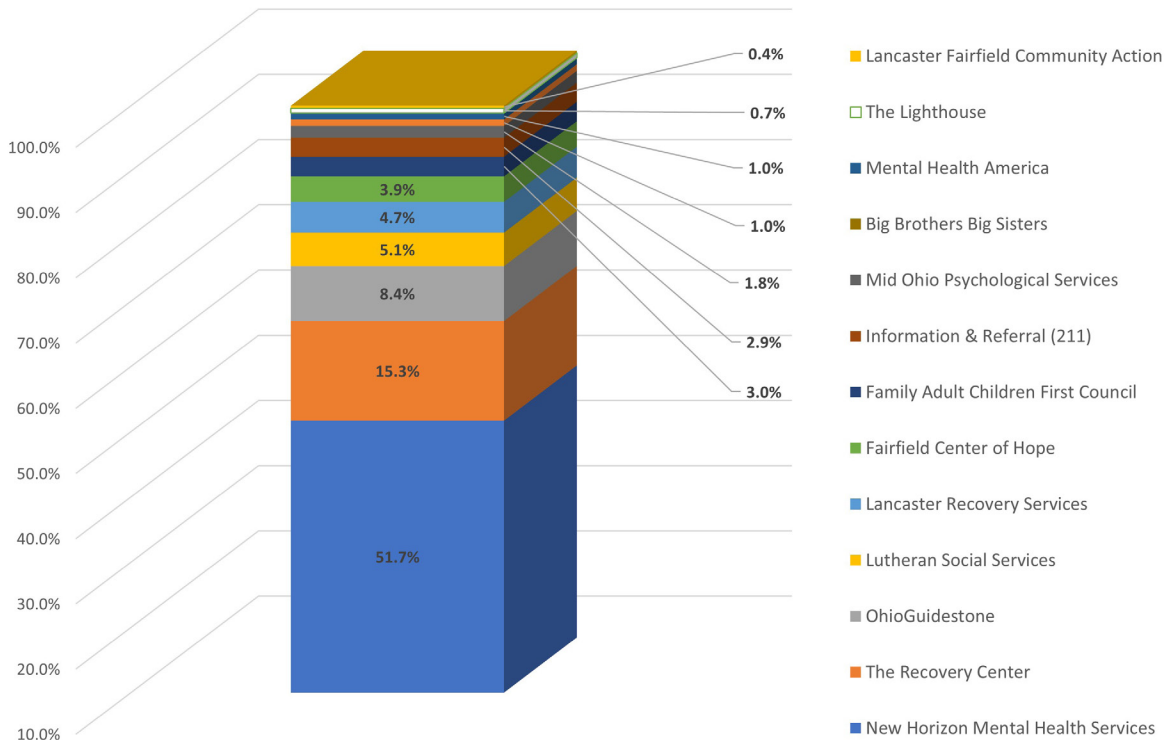
### Operating Expense

(as % of revenue)



\* Due to COVID-19, program expenditures dropped significantly below normal levels. Excess resources from FY 21 will be used for the FY 22 construction of our Crisis Stabilization Unit.

## ADAMH Fiscal Year 2021 Network of Care Agencies by Expenditures



## ADAMH Impacting the Community



*Volunteers at First Be a Smart Cookie Drive-through Narcan Giveaway and Training*

Despite the extreme heat and humidity on July 9, 2020, the Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board in partnership with Project F.O.R.T. (Fairfield County Overdose Response Team), Kroger, and the Fairfield County Opiate Task Force distributed lifesaving Narcan kits to approximately 70 community members during the first-ever free Be a Smart Cookie Drive-through Narcan Giveaway and Training event in Kroger's parking on North Memorial Drive in Lancaster. Staff members representing the Fairfield Department of Health, Lancaster Fire Department, Lancaster Public Transit, Lancaster Recovery Services, Lutheran Social Services, New Horizons, OhioGuidestone and The Recovery Center provided participants with a Narcan/naloxone kit, training, drug disposal (Deterra) bag, community resources, and a cookie, because July 9 happened to also be National Sugar Cookie Day. Counselors were also onsite for any needed assistance.

The event was free thanks to Grant No. GA1RH33529 from the Health Resources and Services Administration (HRSA), an operating division of the U.S. Department of Health and Human Services. No registration was required. Participants just had to drive or walk up to the event booth to receive their goodie bags and brief one-on-one Narcan/naloxone training. Because of COVID-19, event volunteers wore masks, social distanced as much as possible, and encouraged the use of sanitizer onsite.

At the Amanda Community Watch Event for the Opiate Task Force on September 5, 2020, ADAMH and Project F.O.R.T. shared a booth that 20 people visited to obtain information.

On September 29, 2021, the Fairfield County ADAMH Board virtually offered the free one-day Advanced Crisis Intervention Team (C.I.T.) Training for Law Enforcement to 12 police officers in Fairfield County who previously completed the 40-hour C.I.T. Training. Advanced C.I.T. included educational sessions on the Pink Slip Process (which agency clinicians were also invited to attend), Critical Incident Stress Management, and a Community Resources Update.

During October and November, ADAMH participated in virtual and in-person events and trainings as follows:

- Matrix training – 10/1/20 – ADAMH reached 25 people.
- Eye Movement Desensitization and Reprocessing (EMDR) training – 10/1/20 – ADAMH reached eight people representing four agencies.
- Glow Walk – 10/3/20 – ADAMH reached 100 people.
- Ethics for Social Workers and Counselors training – 11/12/20 – ADAMH reached 30 people.
- Strategies for Effective Supervision training – 11/12/20 – ADAMH reached 20 people.



*Toni Ashton and Patti Waits at the Glow Walk*

David Suman coordinated not one but two free online Ohio Department of Mental Health and Addiction Services Peer Recovery Supporter trainings in SFY 2021. The first was held March 15–19 and 22–26. The second virtual training took place June 14–18 and 21–25. Individuals in recovery from a mental health or substance use disorder who want to help their peers may become certified peer recovery supporters after completing a two-week course in addition to some pre-work.

Thwarted for a second year in a row due to the negative impacts of COVID-19, the Fairfield County ADAMH Board All-star Celebration Annual Dinner became the All-star Celebration Video, which was shared on ADAMH’s YouTube channel on May 21, 2021. Chairperson Jonathan McCombs, Ph.D., honored New Horizon Mental Health Services’ Megan Golden, LISW, CDCA, and Fairfield Medical Center’s Angeline Stergiou, M.D., with Friend of ADAMH Awards



*David Suman and Latina Duffy at Pickerington Community Resources Expo*

The forecasted rain held off until the end of United Way’s annual Day of Action on June 18, 2021, in downtown Lancaster. Latina Duffy and David Suman distributed cinch sacks, coloring books, mood pencils, and temporary tattoos to 121 children at the ADAMH booth. At least one adult, who took advantage of proffered behavioral health community resources, accompanied each youngster.

On June 9, 2021, Latina Duffy and David Suman worked the ADAMH booth at the new Pickerington Community Resources Expo held at the Pickerington Main Library.



*United Way Day of Action*

## 2021 Network of Care Agencies

Throughout the year, the ADAMH Board was proud to fund direct services through its 12 Network of Care Agencies.

Big Brothers Big Sisters of Fairfield County  
[www.bbbs-fairfieldoh.org](http://www.bbbs-fairfieldoh.org)

Fairfield County 2-1-1 (Information & Referral)  
[www.fairfieldcounty211.org](http://www.fairfieldcounty211.org)

Fairfield County Family, Adult and Children First Council  
[www.facfc.org](http://www.facfc.org)

Fairfield Mental Health Consumer Group  
[www.fmhcg.org](http://www.fmhcg.org)

Lancaster/Fairfield Community Action Agency  
[www.faircaa.org](http://www.faircaa.org)

The Lighthouse  
[www.lancasterlh.org](http://www.lancasterlh.org)

Lutheran Social Services Faith Mission of Fairfield County  
[www.lssnetworkofhope.org/faithmissionfc](http://www.lssnetworkofhope.org/faithmissionfc)

Mental Health America of Ohio  
[www.mhaohio.org](http://www.mhaohio.org)

Mid-Ohio Psychological Services, Inc.  
[www.mopsohio.com](http://www.mopsohio.com)

New Horizons Mental Health Services  
[www.newhorizonsmentalhealth.org](http://www.newhorizonsmentalhealth.org)

OhioGuidestone  
[www.ohioguidestone.org](http://www.ohioguidestone.org)

The Recovery Center  
[www.therecoverycenter.org](http://www.therecoverycenter.org)



## Network of Care Agency Testimonials\*

\*All are from anonymous clients unless otherwise indicated.

### Big Brothers Big Sisters of Fairfield County

“This program has helped all three of my kids have someone they can call when they need to talk. Every person who has been in our life from Big Brothers Big Sisters has given us support and encouragement. It is hard being a single mom and they give me extra support.”



### Fairfield County 2-1-1 (Information & Referral)

“Thank you for listening. I felt like no one cared before I talked to you.”



### Fairfield County Family, Adult and Children First Council

“There have been so many times in the past year where I didn't know what to do and I have felt helpless to help (son's name), and since I started working with you, I feel like we are actually getting the help that (son's name) needs.”



### Fairfield Mental Health Consumer Group

“I love the FCoH! I feel alive when I come here. I don't think I'd be alive today if I hadn't found the center because I was very depressed and now I feel hopeful. I wake up every day and look forward to our groups” — Mason



### The Lighthouse

“The Lighthouse is a great place that provides support to everyone.” — Robert



### Lutheran Social Services Faith Mission of Fairfield County

“I've recommended the program to other people and will continue to do so this program offers people who suffers from addiction and mental health what they



need in my opinion a chance and a place to grow and get on their feet it definitely did for me and for that I'm forever grateful." — Joseph

### **Mental Health America of Ohio**

"[The Client Navigator was] able to find counseling for my son that can do telehealth and work with our schedule."



### **Mid-Ohio Psychological Services, Inc.**

"Since starting the ... Program I have noticed that I am able to have more patience with my family and I have skills that I can use in my everyday life to help manage my stress."



### **New Horizons Mental Health Services**

The myriad of clients that our case manager has been able to find housing for in situations where other resources were unable to address clients' needs.



### **OhioGuidestone**

"The consultant was able to observe our son's difficulties at the daycare and helped the staff understand how certain things could trigger the early trauma he experienced — the solutions were so simple & allowed him to be able to stay at that center."



### **The Recovery Center**

"(Staff) gave me information to support my son."

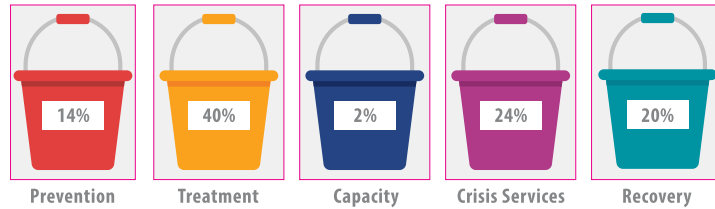


## ADAMH Funding Allocations

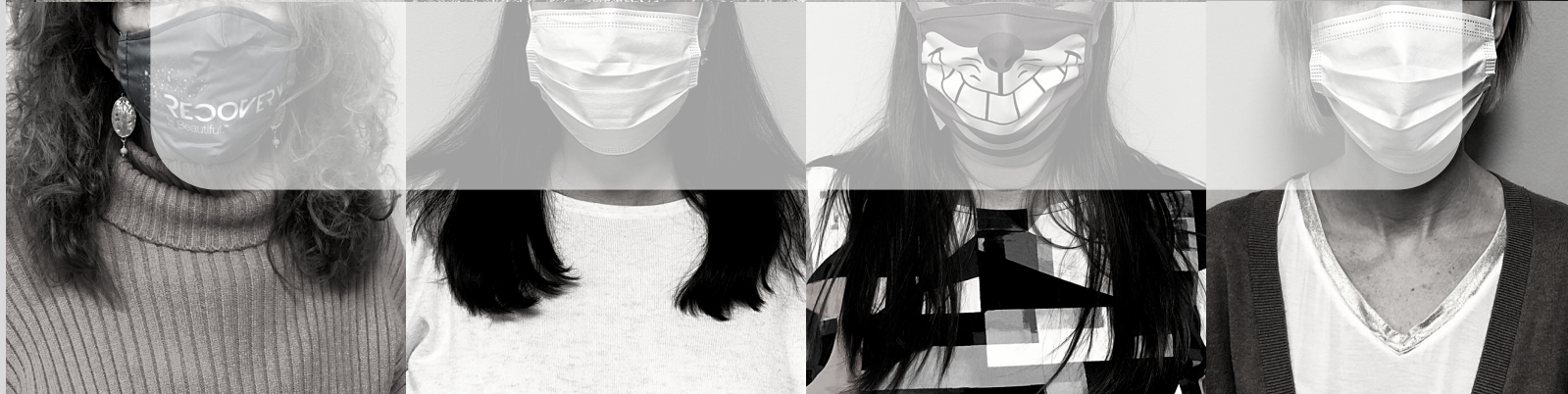
During a virtual Board retreat in SFY 2021, ADAMH Board members updated the strategic plan and developed funding allocations for the following five key focus areas based upon community-set priorities:

- prevention
- treatment
- capacity
- crisis services
- recovery

### FUNDING ALLOCATIONS



Four panels of new window artwork covering 33 percent of 13 windows in total to promote the Mental Health Crisis Hotline and Textline to the public



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