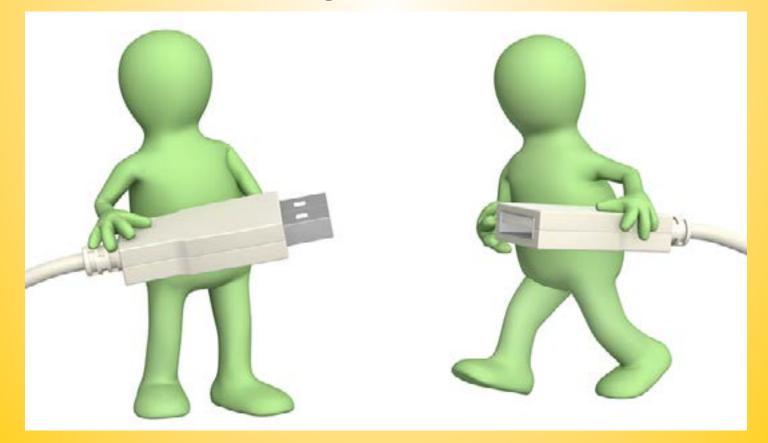


# Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board SFY 2019 Annual Report

"Making Connections"



July 1, 2018 – June 30, 2019

### **Executive Director's Message**

"Making Connections" is the title of the State Fiscal Year (SFY) 2019 ADAMH Board Annual Report and was the theme of the June 2019 Mental Health and Substance Use Disorder Recovery Conference. Making connections is a significant component of the work of the Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board! At the individual and family levels, it is providing connections to needed behavioral health services through ADAMH Board-funded services, such as the 24-hour-a-day/seven-day-aweek Crisis Hotline provided by Fairfield County 2-1-1 (Information & Referral), the youth and adult Mobile Crisis Team service delivered by New Horizons Mental Health Services, or the Behavioral Health Navigator service offered by Mental Health America of Franklin County. Community connections include laboring with a committed array of Fairfield County community members, agencies, organizations, institutions, and governmental entities to plan, produce, and evaluate critical community mental health and substance use disorder services and events. Federal, state, regional,



and other non-Fairfield County connections offer an opportunity for reciprocal learning and overall continuous quality improvement of behavioral health services. We are grateful for all those who connect with the ADAMH Board in the interest of Fairfield County public mental health and substance use disorder services! Many thanks!

Warmly,

Bhonda Myers

Rhonda Myers, MA, MSW, LISW-S Executive Director Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board

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## SFY 2019 ADAMH Board Members, ADAMH Board Staff, and Public-Private Solutions (PPS) Staff

#### **ADAMH Board Members**

Sheri Perry, Chairperson (July 2018 – February 2019) Joe Sidon, Vice-Chairperson; Acting Chairperson (February – June 2019) Jonathan McCombs, Ph.D., Secretary; Acting Vice-chairperson (February – June 2019) Fred Baughman Julie Brunner Kristi Burre Paul Detty, M.D. Laura Holton Todd McCullough Stephanie Mulholland Joe Palmer Jean Reed Rachel Shafer Jennifer Smith Jennifer Yancey

### ADAMH Board Staff

Rhonda Myers, MA, MSW, LISW-S, Executive Director Toni Ashton, M.Ed., LSW, OCPC, Prevention Coordinator Deborah Brewer, Executive Assistant Latina Duffy, Public Relations Coordinator Maureen Muth Keller, LISW-S, Clinical Care Coordinator Martha Pool, MA, Administrative and Research Assistant Virginia Rzesutock, Opioid Recovery Support Specialist (Americorps VISTA Member) David Stretton, Ph.D., MBA, CPA, CMA, Fiscal Officer Patricia Waits, M.Ed., LPC, LICDC-CS, Program Coordinator Tonya Wright, Accounts Payable/Office Assistant

Sara McIntosh, M.D., Chief Clinical Officer John Snider, Legal Counsel, Assisted Outpatient Treatment Charles Elsea, Legal Counsel, Assisted Outpatient Treatment

### Public~Private Solutions (PPS) Staff (shared among eight ADAMH Board counties)

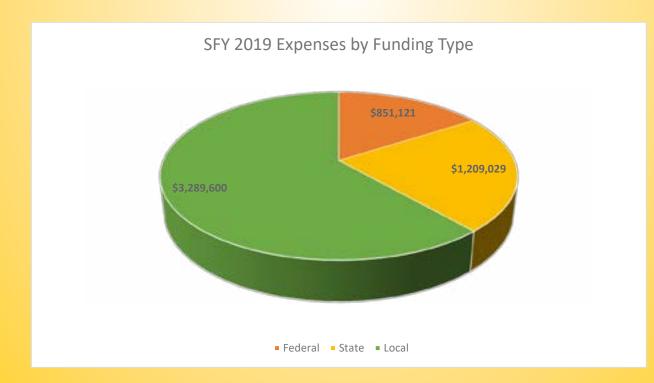
Jim Averill, MIS Director Robert Peare, Program Analyst

### SFY 2019 Revenue and Expenses

SFY 2019 Revenues Federal \$851,121 State \$1,209,029 Local \$2,858,168 Total \$4,918,318

SFY 2019 Expenses Federal \$851,121 State \$1,209,029 Local \$3,289,600 Total \$5,349,750





# SFY 2019 ADAMH Year in Review - Highlights

### All-star Celebration Annual Dinner

On March 12, over 100 people attended the event at the Liberty Center. Fairfield County ADAMH Board Chief Clinical Officer Sara McIntosh, M.D., gave the keynote speech, and Acting Chairperson Joe Sidon honored Valerie Carpico, Angel Sanderson, and Karen Trago with Friend of ADAMH Awards. Attendees also celebrated the work of the 13 Network of Care Agencies.

### First Responders Week of Appreciation

On May 3, the ADAMH Board hosted a First Responders Week of Appreciation event in the large meeting room at the ADAMH Board. The Board received a mini-grant from the Ohio Association of County Behavioral Health Authorities (OACBHA) for \$1,000 and purchased "Thank you" posters and Ohio pins for each first responder organization. Fairfield County Commissioner Jeff Fix and Lancaster Mayor David Scheffler attended along with several first responder organizations from Fairfield County, including Major Crimes and the Sheriff's Department. Deputy Corrections Officer Dan Kemp sang in tribute to the hard work and sacrifice of all first responders.

### **Recovery Conference**

The theme for the 2019 Fairfield County Recovery Conference held on June 28 at Crossroads Ministry Center was "Making Connections." The event focused on hearing inspirational stories, receiving day-to-day wellness and coping ideas, eating good food, and sharing opportunities for genuine laughter. Over 140 people attended to participate in the following sessions: "NAMI In Our Own Voice," "Coping Skills: Navigating Stress Successfully," "Wellness Strategies: A Holistic Approach to



Recovery," and "She's Crazy: Mental Health & Other Myths." Attendees also visited 17 vendor booths.

### Peer Support Training

Peer Support is an integral part for persons who are in recovery from mental illness, substance use disorder, or both. It is a personalized and communal way to bring services to people and promote agencies while guiding those in recovery in an informed way. On March 18–22, 2019, at the Liberty Center, the ADAMH Board worked with the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and the Fairfield Mental Health Consumer Group (FMHCG) to train people who have been in recovery to become Certified Peer Supporters for Fairfield County. Melissa Erwin and Marlene Carson facilitated the week-long training of 14 people who completed it.

### Fairfield County Opiate Task Force

The Opiate Task Force (OTF) is a consortium of community members and leaders dedicated to addressing the opiate epidemic affecting Fairfield County. The OTF is a way for different groups in the community to work together and share information with each other. There are five committees — Education/Prevention, Recovery Supports, Treatment, Advocacy, and Executive — that meet at the Fairfield County ADAMH Board.

# SFY 2019 ADAMH Training Highlights

From July 10, 2018, through June 28, 2019, the ADAMH Board trained approximately 948 people, which may include duplicate individuals if, for instance, a person took multiple trainings, during the following events:

- CPR/First Aid
- Medical Marijuana in the Workplace training by Working Partners at the Lancaster/Fairfield County Chamber of Commerce
- Collaborative Assessment and Management of Suicidality (CAMS)
- Quick Response Team (QRT) Training
- Suicide Gatekeeper Training
- Recovery Conference 2018
- Crisis Intervention Team (C.I.T.) Training\*
- Mental Health First Aid for Youth
- Criminal Justice Suicide Prevention Training
- Faith-based Gatekeeper Suicide Prevention Awareness Training
- Local Outreach of Suicide Survivor (Loss) Team Training
- Screening, Brief Intervention & Referral to Treatment (SBIRT) Implementation Training
- Mental Health First Aid for Adults
- Problem Gambling Prevention and Treatment Overview
- Verbal De-escalation Trainings
- Peer Recovery Supporter Training
- Ethics for Social Workers and Counselors a Trauma Informed Approach
- Supervision from a Trauma Informed Approach
- Operation Street Smart
- Recovery Conference 2019

### \*Crisis Intervention Team (C.I.T.) Training

Law enforcement officers receive approximately 40 hours of training in areas including psychiatric disorders, substance use disorders, de-escalation techniques, and legal issues related to mental health and substance use disorders. In addition, officers receive empathy training from individuals with mental illness and gain exposure to the views of family members of those suffering from mental illnesses. Through C.I.T., many local law enforcement departments have helped countless individuals with mental illness or substance use disorders. On November 9, 19 officers were C.I.T. trained.



### **Mission-focused Collaborations**

The ADAMH Board cooperated in the following:

#### **Partnerships**

Appalachian Behavioral Healthcare (App Care) collaboration Building Trauma Informed Systems (BTIS) Community Trauma Conference – March 15, 2019 Fairfield County Community Corrections Board Fairfield County Community Health Assessment (CHA) and Community Health Improvement Process (CHIP) processes Fairfield County Family, Adult and Children First Council Fairfield County Housing Coalition Fairfield County Infant Mortality Review **Fairfield County Intersystems** Fairfield County Reentry Coalition Healthcare Coalition Older Adult Network **Parent Education Cooperative** Perinatal Committees — Executive Group and Cluster Project F.O.R.T. (Fairfield County Overdose Response Team) **Recovery Conference Steering Committee** Safe Kids/Safe Communities Coalition Suicide Prevention Coalition Youth Mobile Crisis Planning Team

#### **Memberships**

ADAPAO (Alcohol and Drug Abuse Prevention Association of Ohio) Destination Downtown Lancaster Lancaster/Fairfield County Chamber of Commerce Ohio Association of County Behavioral Health Authorities (OACBHA) Ohio Suicide Prevention Foundation Pickerington Area Chamber of Commerce Prevention Action Alliance Statewide Prevention Coalition Association

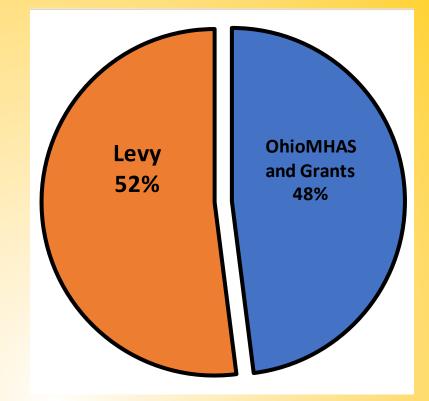
### **Events**

Fairfield County Fair Kids and Cops Day Lancaster Festival ArtWalk National Drug Drop Off Days United Way Day of Action Veterans' Administration (VA) Stand Down

# SFY 2019 Funding Types

OhioMHAS and Grants \$2,360,150

> Levy \$2,558,168



# SFY 2019 Grants Received

Grant Grant	<u>Amount</u>
State Opiate Response (SOR)*	\$282,209
Medication-Assisted Treatment/Prescription Drug and Opiate Addiction	
(MAT-PDOA)	\$176,000
Collective Impact Implementation	\$80,000
Youth Mobile Crisis	<u>\$78,624</u>
Total	\$616,833

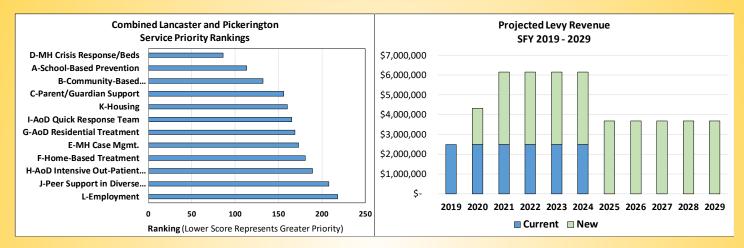
\*Federal funds were made available via the Ohio Department of Mental Health and Addiction Services late in State Fiscal Year (SFY) 2019 with a majority of expenditures received in the fourth quarter of Federal Fiscal Year (FFY) 2019. Second and third year SOR dollars will also be allocated on a FFY basis.

### Levy

Thank you to everyone who exercised his or her right to vote through absentee ballot, by mail, or in person!

We cannot tell you how happy we are that Issue 6 passed because of what this additional funding means for our Fairfield County communities. Thanks to the support of voters, the Fairfield County ADAMH Board will now be able to:

- Provide expanded mental health services to children
- Increase services to help address the opioid epidemic
- Provide suicide prevention education and services for youth and adults
- Help family members and employers of people who are impacted by substance abuse and mental health issues



### **ADAMH New Levy Investments**

- 1. Crisis Services
- Mental Health Crisis Response/Beds: Adult \$1,000,000
- Expansion of Crisis Services to Youth \$500,000
- 2. Addiction Treatment and Support Services \$750,000
- 3. Prevention/Education
- School-based and Community \$500,000

Note: ADAMH Board monitoring Medicaid Expansion stability

#### **New Levy Allocations**

- New levy revenue will be collected in 2019.
- First new levy payout to Board will be first quarter 2020.
- New levy generates revenue at a higher rate than current levy.
- Historically, first-half collections are higher than half of the total, and second-half collections are slightly less.

## 2019 Network of Care Agency Billboards

Throughout the 2019 calendar year, the ADAMH Board was proud to highlight the funded direct services of its 13 Network of Care Agencies on billboards located off of North Memorial Drive — one facing north and one facing south. Daily both billboards were seen by an esimated 35,520 people, which breaks down to 17,760 people per billboard per day.







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