



Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board SFY 2018 Annual Report



July 1, 2017 – June 30, 2018

Executive Director's Message

The Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board is grateful for the many partnerships it has with individuals, organizations, and the community. These collaborations during State Fiscal Year 2018 (July 1, 2017, through June 30, 2018), produced a number of benefits for Fairfield County residents, including educational opportunities to better understand mental health and substance use disorders, school-based prevention curricula to provide youth with needed resiliency skills, treatment and recovery support services, and strategic direction for Board-purchased programs. ADAMH has many valued partnerships; space limitations preclude us from highlighting them all. This year, we are featuring work with law enforcement and fire fighters: Crisis Intervention Team (C.I.T.) Training, honoring first responders at the Board Annual Dinner, Project F.O.R.T., First Responders Week of Appreciation events, and Mental Health First Aid trainings for all Fairfield County Jail personnel. To first responders and all of our highly esteemed partners, please accept our deep appreciation. Many thanks!



Warmly,

A handwritten signature in black ink that reads "Rhonda Myers". The signature is written in a cursive, flowing style.

Rhonda Myers, MA, MSW, LISW-S

Executive Director

Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board

SFY 2018 ADAMH Board Members, ADAMH Board Staff, and Public-Private Solutions (PPS) Staff

ADAMH Board Members

Sheri Perry, Chairperson
Joe Sidon, Vice-Chairperson
Jonathan McCombs, Ph.D., Secretary
Jodi Andes
Fred Baughman
Stephanie Mulholland
Joe Palmer
Jean Reed
Rachel Shafer
Jennifer Smith
Trisha Whetstone
Jennifer Yancey

ADAMH Board Staff

Rhonda Myers, MA, MSW, LISW-S, Executive Director
Toni Ashton, M.Ed., LSW, OCPC, Prevention Coordinator
Nadine Carroll, Accounts Payable/Public Relations (retired 9/30/17)
Latina Duffy, Public Relations Coordinator (from 5/21/18)
Maureen Muth Keller, LISW-S, Clinical Care Coordinator
Diana Poling, Public Relations Coordinator (from 8/29/17–6/8/18)
Martha Pool, MA, Administrative and Research Assistant
David Stretton, Ph.D., MBA, CPA, CMA, Fiscal Officer
Patricia Waits, M.Ed., LPC, LICDC, Program Coordinator
Tonya Wright, Accounts Payable

Sara McIntosh, M.D., Chief Clinical Officer
John Snider, Legal Counsel

PPS Staff (shared among four ADAMH boards)

Jim Averill, Director of Management and Information Services
Robert Peare, Programmer Analyst/Database Developer

SFY 2018 ADAMH Year in Review

Crisis Intervention Team (C.I.T.) Training

Crisis Intervention Team (C.I.T.) law-enforcement officers receive approximately 40 hours of training in areas including psychiatric disorders, substance abuse issues, de-escalation techniques, and in legal issues related to mental health and substance abuse. In addition, officers receive empathy training from individuals with mental illness and gain exposure to the views of family members of those suffering from mental illnesses. Through C.I.T., many local law enforcement departments have helped countless individuals with mental illness or substance abuse issues. In SFY 2018, 14 officers were C.I.T. trained.

Board Annual Dinner

Sheriff Phalen presented, and the following six first responders were honored: Sgt. Jerome Feyko, Fairfield County Sheriff's Office; Lt. J.D. Postage, Violet Township Fire Department; Chief Adam Pillar, Lancaster Police Department; Commander Dennis Lowe, Fairfield, Hocking, Athens Major Crimes Unit; Chief Michael W. Tussey, Baltimore Police Department; and Sean Grossarth, The Recovery Center.



Project F.O.R.T.

Project F.O.R.T. (Fairfield County Overdose Response Team) is the brainchild of J.D. Postage of the Violet Township Fire Department and Dennis Lowe, head of Major Crimes. Since the inception, the Fairfield County ADAMH Board has been alongside them providing expertise in writing grants, discussing a training curriculum for other paramedics, and offering funding to New Horizons Mental Health Services so that Crisis Intervention can accompany J.D. Postage on the home visit he makes the next day following an overdose.

First Responders Week of Appreciation

Law Enforcement and Firefighters

In SFY 2018, the Fairfield County ADAMH Board recognized first responders by attending the Chief of Police and the Fire Chief meetings to give them "survival kits" consisting of candy, gum, and sweet treats to thank them for what they do every day for the community.



Mental Health First Aid Trainings for All Jail Staff

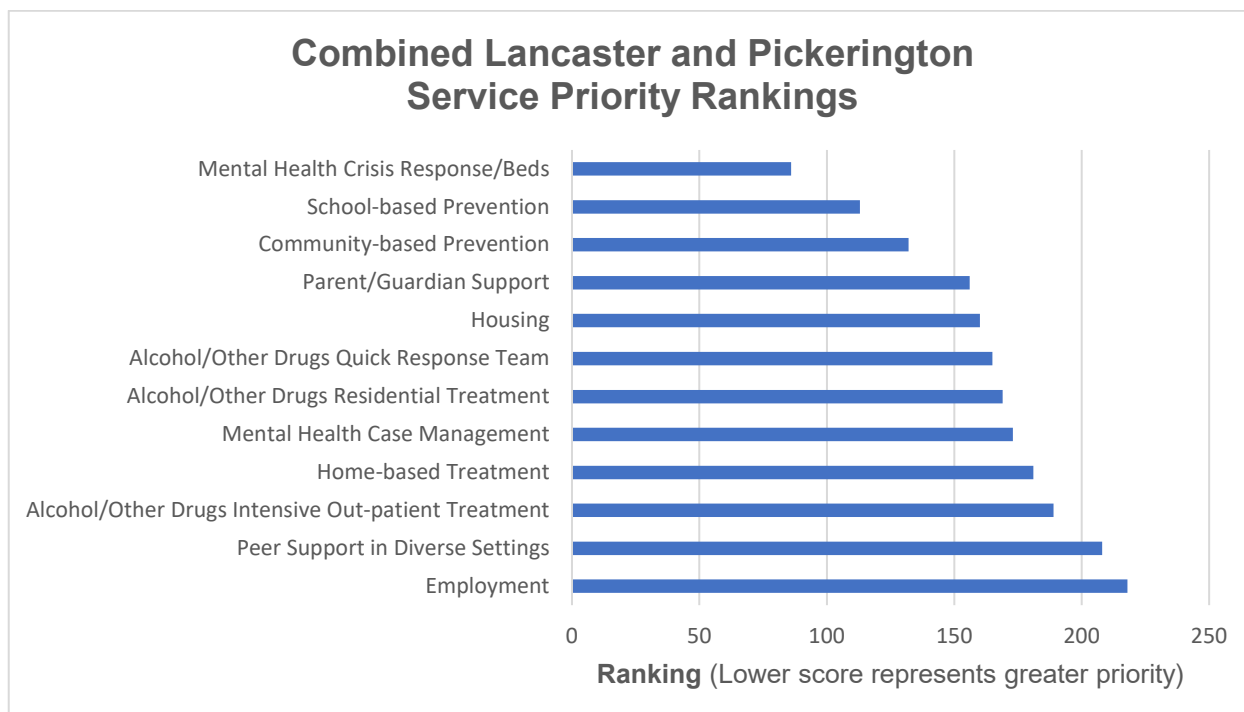
Mental Health First Aid for Public Safety is an eight-hour course specially designed to help police officers, first responders, corrections officers, and other public safety professionals better understand mental illnesses and addictions by providing effective response options to de-escalate incidents without compromising safety. In collaboration with the Fairfield County Sheriff's Office and Jail, all shifts received this training in the winter/spring of 2018.

Community Strategic Planning Forums

The Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board held two Community Strategic Planning Forums in spring 2018. Community representation included: family members of and persons with a mental health disorder, substance use disorder, or both; elected officials; county officials; school administration; social service agencies; medical professionals; law enforcement; criminal justice; behavioral health professionals; and the faith community.

In order of importance, the top three priorities identified by the Lancaster Forum included: 1. Mental Health Crisis Response/Beds, 2. School-based and Community-based Prevention (tied), and 3. Parent/Guardian Support. The Pickerington Forum's first choice for most important was the same as the Lancaster Forum: Mental Health Crisis Response/Beds. School-based Prevention and Mental Health Case Management were respectively ranked second and third. Aggregate rankings for the two forums largely mirrored those of the individual groups: 1. Mental Health Crisis Response/Beds, 2. School-based Prevention, and 3. Community-based Prevention.

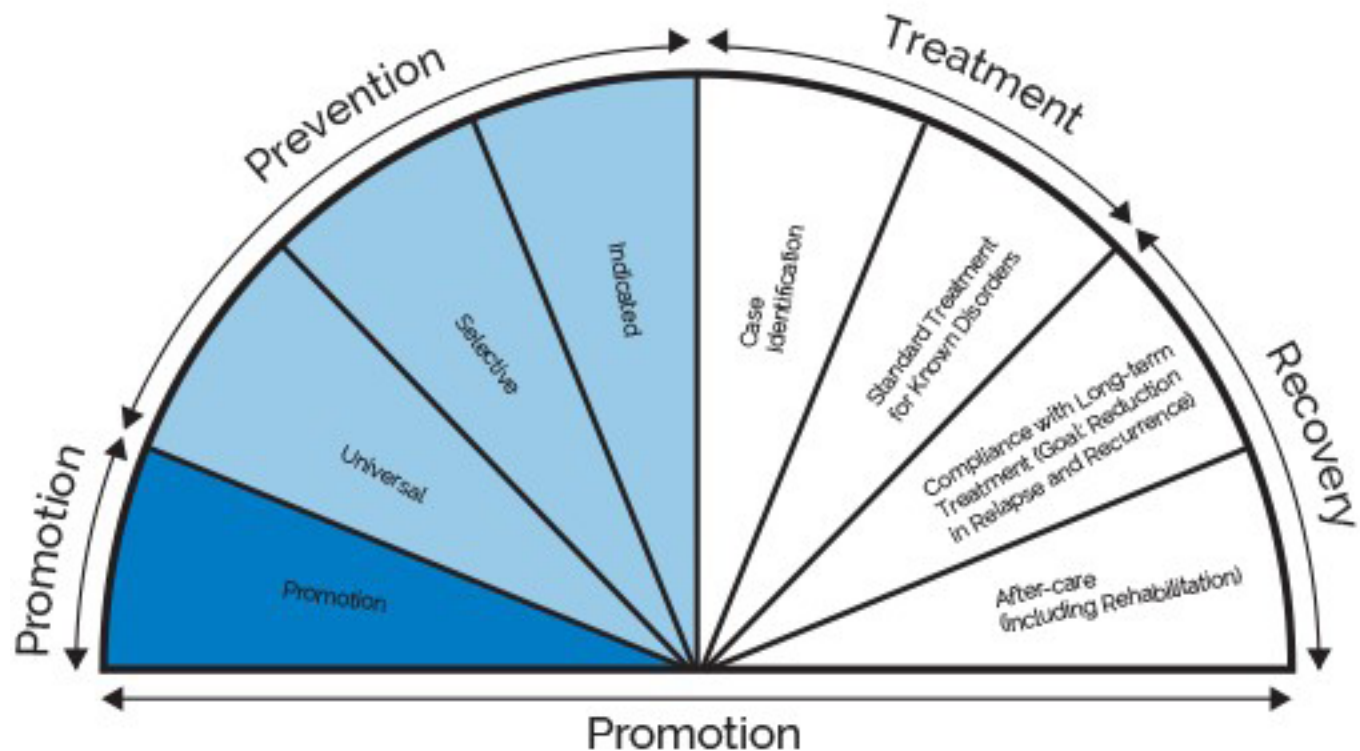
Combined Lancaster and Pickerington Public Forum Service Priority Rankings (Most Important to Least Important)



Fairfield County Youth Survey

The 2018 Fairfield County Youth Behavior Survey was implemented in Fairfield County Schools to 10th and 12th grade students. The results are being analyzed and will be released to the community when completed.

Continuum of Care



From: The Substance Abuse and Mental Health Services Administration (SAMHSA). The Center for Substance Abuse Prevention (CSAP). <https://www.samhsa.gov/prevention>

Statutorily, the ADAMH Board is responsible for providing an array of mental health and substance misuse prevention/education, treatment, and recovery supports in Fairfield County. These services and programs are commonly referred to as a Continuum of Care. The concept is simple: promote wellness, prevent illness when possible, identify potential disorders and intervene at the earliest possible point, provide treatment in the amount and duration needed, provide supports to facilitate recovery, and identify strategies to maintain recovery. The final list of what is purchased and/or provided depends upon community interest and need, availability of funds, and availability of a provider agency.

To help fill gaps in the continuum of care, the ADAMH Board received and administered a variety of grant funds from the Ohio Department of Mental Health & Addiction Services including but not limited to: Youth Mobile Crisis, Prevention and Wellness, Collective Impact, Prison Reentry, and Recovery Housing.

SFY 2018 Network of Care Agency Program Highlights

Believe it or not, the following are only some of the programs funded by the Fairfield County Alcohol, Drug Addiction and Mental Health (ADAMH) Board from July 1, 2017, to June 30, 2018. These numbers do not include persons receiving clinical services, such as counseling, psychiatry, case management, etc., that are billed through the GOSH System. ADAMH mental health and addiction services providers are known as our Network of Care Agencies (NCAs).



Big Brothers Big Sisters' focus on providing social-emotional support and academic lift, using its one-to-one relationship-driven mentoring model, is unique among other youth interventions.

Big Brothers Big Sisters' research-based program includes providing ongoing coaching, training, and support to the mentor, youth, and family. The result is longer, stronger mentoring relationships. Ongoing involvement with families allows Big Brothers Big Sisters to collaborate with other community resources to provide wrap-around services in their times of need.

Big Brothers Big Sisters of Fairfield County served 114 youth in the Community and Schools Mentoring Program.



Fairfield County 2-1-1 (Information & Referral), another partner of ADAMH, is the provider of the 24-hour and seven-day per week Crisis Line or 687-TALK. 2-1-1 strengthens access to services and programs by enhancing community collaboration and serving as the connection between people in need and resources available. Real people, trained professionals, answered 906 phone calls relating to either suicidal or homicidal thoughts. 2-1-1 provided personal finance management assistance to 71 adults so that they could maintain their housing, keep food and transportation in the forefront, and continue to receive counseling and other medical services. 2-1-1 helped 130 people obtain sustainable incomes.



The Fairfield County Family, Adult and Children First Council is a partnership of public and private non-profit child and family-serving agencies and organizations committed to improving the well-being of children and families. With the goal of enabling every child to succeed, the Council convenes a local community collaborative that shares responsibility for meeting the diverse needs of children, adults, and families.

The Fairfield County Family, Adult and Children First Council served 108 children in the Multi-System Youth Program and provided 66 parents in Fairfield County with Parenting Education. Four curricula are offered to provide support to parents of children of all ages and include: The First Five Years, Active Parenting, and Parent Project.



The Fairfield Mental Health Consumer Group (FMHCG) is a place where you can get support for your own journey to recovery from mental health and substance use disorders.

Having served 390 unduplicated individuals warm and nutritional lunches, FMHCG offered 93 people a variety of support groups and provided 175 persons with individual peer support. 23 persons were provided payees to assist them in managing their personal finances.



Lancaster/Fairfield Community Action Teens with Tots served 19 teen parents. The program supports parents so educational needs can be met, multigenerational family issues can be brought forth and addressed, and young parents and their babies and children can receive the supports needed to ensure success in the future.

Teens with Tots is administered by the Lancaster/Fairfield Community Action Early Childhood Programs. Teens with Tots offers services to pregnant or parenting teens through group support meetings and individualized one-on-one support. The program provides opportunities for teen parents to interact with each other, promotes awareness of community resources, and includes parent education in child development.



ADAMH funding is used by The Lighthouse to support child care provided to young children so parents are free to attend counseling, look for or attend employment, go to court, and other necessary activities while living in the shelter. ADAMH funding has also been used to hire and train house managers to provide peer support services. The Lighthouse also provided clinical treatment services under contract with ADAMH.



This partnership has been fruitful in that it has allowed 50 people to receive recovery housing. Housing has been available for pregnant women who are struggling with opiate use disorders. Psychiatric aftercare housing has provided 37 persons a safe home upon their releases from hospitals. Thanks to the Housing Specialist Program funded by ADAMH, 354 persons who were homeless and experiencing either a mental health or addiction concern were assisted while in the emergency shelter.



Mental Health America of Franklin County (MHAFC), an affiliate of Mental Health America, supports the central Ohio community by guiding people to mental health services that may not otherwise be accessible. MHAFC specifically operates The Pro Bono Counseling Program and Client Advocate Program in Fairfield County as a part of the mission.

The Pro Bono Counseling Program recruited volunteer counselors so that 11 adults, who would not have been able to otherwise, received counseling.



Mid-Ohio Psychological Services, Inc., provides high-quality, cost-effective, culturally-sensitive, socially-responsible, mental health, substance abuse, and support services to individuals and community organizations, while offering professional development to its staff and other professionals in the field.

Mid-Ohio Psychological Services, Inc., has been one of the long-standing providers in the ADAMH Network of Care. They were able to offer the students in the Lancaster City School District the evidenced-based curriculum "Brain Power," which helps students understand the science of what drug use and abuse do to the human brain. 193 students in the second grade and 449 fourth-grade students received "Brain Power." Mid-Ohio Psychological also provided clinical treatment services under contract with ADAMH.



New Horizons Mental Health Services ensured that eight adults were successfully placed in adult care facilities for persons with severe and persistent mental illness. New Horizons also partnered with the ADAMH Board to provide the following services:

- 77 persons became successfully employed through the Supported Employment Program.
- 61 elderly persons received counseling at home through the Senior Home-based Project.
- 799 persons in crisis were assisted of which 78 were seen in the Youth Mobile Crisis Program and 58 of those youths were totally new to the mental health system.
- 3,507 students were screened through the "Signs of Suicide" presented in Lancaster and Pickerington schools.
- 14 persons who did not have Medicaid or other insurances were served with Medication Assisted Treatment (MAT).

New Horizons Mental Health Services also provided clinical treatment services under contract with ADAMH.



Circumstances are real and so are the survivors; the critical factor is support. OhioGuidestone is a behavioral healthcare organization with a 155-year history of providing services to individuals and families that address the needs of the whole person — helping reset paths, reclaim autonomy, and restore purpose.

OhioGuidestone, a new partner of the ADAMH Board, was able to serve 24 persons needing Medication-Assisted Treatment and offered “The Incredible Years” in two Lancaster City preschool classrooms serving 23 children.



The Recovery Center’s mission is to ensure the effective and efficient delivery of alcohol, drug addiction, and mental health prevention, intervention, and treatment services to promote the health and safety of the residents of Fairfield County. The Recovery Center works collaboratively with area professionals, organizations, and key stakeholders to ensure the availability of a full continuum of services and effective community supports to address the special needs of the populations it serves.

The Recovery Center partnered with the ADAMH Board to provide the Perinatal Program for 21 women pregnant and having a history of opiate use disorder. It has also provided peer support to 290 persons, and The Recovery Center staff assessed 38 males and 23 females to determine the American Society of Addiction Medicine (ASAM) level of care most appropriate. The community residence housing specialist assisted 40 men and 109 women, including residents of the Pearl House.

The Recovery Center is our largest school-based prevention provider serving 7,700.

The Recovery Center also provided clinical treatment services under contract with ADAMH



The ADAMH Board used gambling funds to partner with The Recovery Center and New Horizons to screen 412 persons in Fairfield County with the South Oaks Gambling Screening (SOGS) Tool. At the cinemas in Lancaster and Pickerington, public service announcements were developed and shown to let people know how to get help for addiction. There were also similar advertisements on the back and sides of the Lancaster Public Transit buses. Should a Fairfield County resident need help for gambling addiction, The Recovery Center has trained staff to provide it, and in the partnership with the ADAMH Board, funds are available to cover the costs of treatment.

And that is not all

The ADAMH Board provided the following:

Ethics training (June 8, 2018) – 54 people attended

Supervision training (June 8, 2018) – 33 people attended

Understanding Addiction and the Family Dynamics training (June 22, 2018) – 67 people attended

Behavioral Addictions training (March 9, 2018) – 108 people attended

CPR/First Aid (June 26, July 10, and July 11, 2017) – 45 people attended

Recovery Conference (September 22–23, 2017) – 189 people registered

Crisis Intervention Training (CIT) for Law Enforcement (November 5–11, 2018) – 18 officers attended

Family Conversation event at Bloom Carroll Middle School (April 18, 2018) – 35 people attended

Mental Health First Aid:

- January 26, 2018 – Fairfield County ADAMH Board – 16 people attended
- February 9, 2018 – Canal Winchester – 10 people attended
- February 15, 2018 – Fairfield County Jail – 20 people attended
- February 16, 2018 – Fairfield County Jail – 10 people attended
- February 16, 2018 – Ohio University - Lancaster – 22 people attended
- February 24, 2018 – Fairfield County Jail – 14 people attended
- February 28, 2018 – Fairfield County Jail – 10 people attended
- March 2, 2018 – Fairfield County Jail – 11 people attended
- March 4, 2018 – Fairfield County District Library – 38 people attended

Medical Marijuana in the Workplace training by Working Partners at the Pickerington Area Chamber of Commerce (January 18, 2018) – 58 people attended

Trauma Informed Care training to providers (January 12, 22, and 30, 2018) – 88 people attended

Trauma Informed Care training for all Pickerington Junior High teachers (October 13, 2017) – 150 people attended

Trauma Informed Care training to educators at a statewide conference (March 3, 2018) – 50 people attended

Coalitions Rising Conference presentation (September 6, 2018) – 40 people attended

Celebrate Women conference at Ohio University – Lancaster presentation on poverty and women (March 23, 2018) – 30 people attended

The ADAMH Board was involved in the following:

Fairfield County Community Corrections Board

Fairfield County Family, Adult and Children First Council

Fairfield County Community Health Assessment (CHA) Process/Community Health Improvement Process (CHIP)

Fairfield County Housing Coalition

Fairfield County Infant Mortality Review

Kids and Cops Day

Lancaster Festival ArtWalk

National Drug Drop Off Days

Ohio Association of County Behavioral Health Authorities

Older Adult Network

Parent Education Cooperative

Reentry Coalition

Safe Kids Coalition

United Way Day of Action

The ADAMH Board collaborated and provided leadership in the following:

Fairfield County Opiate Task Force
Fairfield County Suicide Prevention Coalition
First Responder Acknowledgement
InnerSystems
Opiate Prayer Meeting at Fairfield Christian Church
Prevention Works
Project F.O.R.T. (Fairfield County Overdose Response Team)
Recovery Conference Steering Committee
Veterans' Administration (VA) Stand Down
Youth Mobile Crisis Planning Team



SFY 2018 Revenue and Expenses

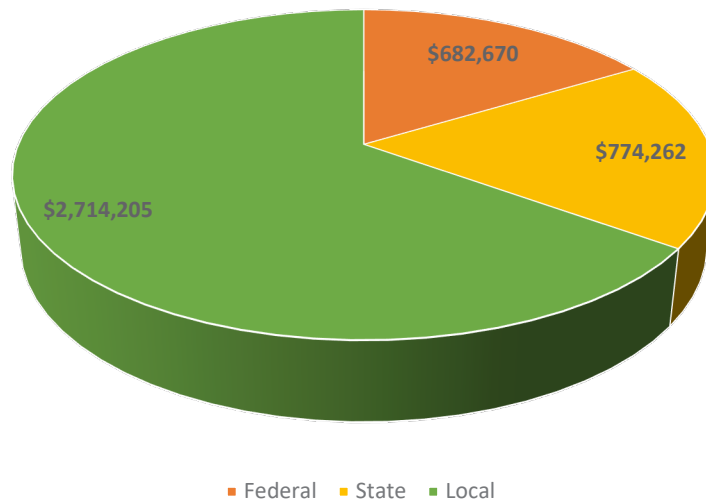
SFY 2018 Revenues

Federal \$682,670 State \$774,262 Local \$2,714,205 Total \$4,171,137

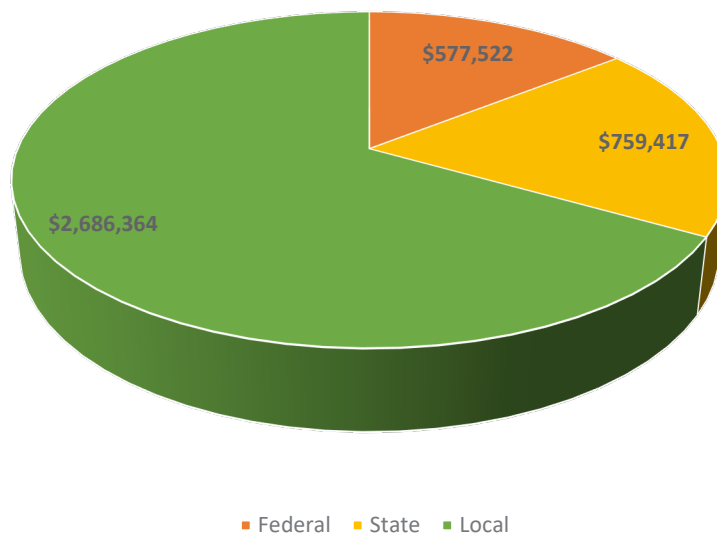
SFY 2018 Expenses

Federal \$577,522 State \$759,417 Local \$2,686,364 Total \$4,023,303

SFY 2018 Revenues by Funding Type



SFY 2018 Expenses by Funding Type





All Ohioans need to have the tools necessary to live mentally healthy and addiction-free lives. The Recovery is Beautiful BluePrint is intended to move Ohio's community mental health and addiction system toward a Recovery-Oriented System of Care (ROSC). Ohio's ROSC will promote good health through prevention and wellness programs and provide crisis intervention, treatment, and recovery supports when individuals experience a mental health or substance abuse problem.

This BluePrint sets out a framework in which Alcohol, Drug Addiction and Mental Health (ADAMH) Boards are the Recovery-Oriented System of Care "hub" for their local communities that coordinate across systems to ensure that local entities are prepared to offer community-based mental health and addiction services and recovery supports that are person-centered to meet the needs of individuals working toward recovery.

The funding and delivery of healthcare is changing in Ohio, including mental health and addiction services. Ohioans must continue to have confidence that their publicly funded mental health and addiction continuum of care is working in a way that provides them with programs and services that are cost-effective and efficient, ensuring that local community needs are met. This BluePrint moves communities toward a Recovery-Oriented System of Care that is outcome-oriented, prioritizing individuals and their families in need of recovery services, and flexible enough to readily change as a community identifies an emerging issue.

Recovery from a mental illness and/or addiction is not only possible, but with the right treatment and long-term recovery supports, it is also life-changing. While recovery benefits individuals with mental illness and/or addiction, it also benefits families and entire communities. Individuals in recovery are active and valued members of their communities, helping them to become healthier and more vibrant.



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