

Fairfield County ADAMH Board

Minutes of the January 31, 2012, Board meeting held at 6:00 p.m. at the Board office pursuant to notice mailed to all Board members.

Chairman Bahnsen called the meeting to order at 6:15 p.m. with a quorum being present.

ROLL CALL

PRESENT

Jay Bahnsen, Cindy Bender, Caryl Caito, Jeff Gerken, John Hoag, Ph.D., Pat Marshall, Robert Masone, M.D., Sheri Perry, Phillip Prior, M.D., Marian Reitano, Erin Roylance, M.D* .

ABSENT

Tom Alexander, Tom Feisel.

STAFF

Rhonda Myers, Martha Pool, Lynn Porter, Don Mohler, Patricia Waits, Nadine Carroll.

GUESTS

Marcy Fields, Sandra Davis, Tony Motta, Dan Singer, Chris Ryckman, Trisha Saunders, Suzanne Capitini, Mark Perry, Amber Noice, Brad Hedges, Nate Green, Esther Branscome.

Chairman Bahnsen asked the audience to introduce themselves and share questions or comments.

Chairman Bahnsen asked if there were any additions or corrections to the November/December Board minutes.

RESOLUTION NO. 1-31-12-1

Be it resolved upon motion by C. Caito and second by Dr. Prior to approve the November/December minutes. Motion was unanimously approved.

DIRECTOR'S REPORT

Director Myers said she met with Citizens for Downtown Lancaster at their request and she will send a synopsis to board members as soon as it is completed.

Director Myers stated that this meeting will focus on contracts due to the ORC requirement of the 120 day notice and because we wanted to give the agencies a chance to present their needs firsthand. Information on the agencies is contained in the packet. A calendar of the contracting process is included on the back of the agenda.

Agency Summaries:

FMHCG – Esther Branscome told board members that the Fairfield Mental Health Consumer Group is a non-clinical agency that provides support and advocacy at this time. The main activity is taking care of payeeships which helps maintain people in the community. She added that in 2014 Peer

Support should become a billable service. They also have a part-time craft instructor and a part-time bookkeeper.

* Dr. Roylance arrived

MOPS - Brad Hedges told the board that Mid-Ohio Psychological Services started as a private, not for profit and they now have five locations. Their focus is on behavioral management and they currently have seven psychologists on staff. They offer treatment from a cognitive behavioral approach. They have also become a training facility for psychology graduate student interns. In the last calendar year they treated 1,160 Fairfield County residents, primarily Medicaid recipients. Annually they see an average of 100 forensic patients. This past year they evaluated 80 forensic patients. MOPS also provides treatment for sex offenders and individuals who have behavioral problems with anger. They had 52 people in the sex offender program and also treated 35 victims of abuse. Brad noted that the demand for services has been much higher and that funding has been reduced. Funds for these services will be depleted approximately three months before the end of the fiscal year.

TRC – Trisha talked to the board about The Recovery Center. She said that 60 percent of the clients are voluntary and 67 percent of their clients are opiate addicted. She said that the cravings for opiates still happened 9-18 months after people stop using. She stated that they used the Levels of Care placement criteria recommended by ODADAS and they also offer Intensive and non Intensive outpatient services. Trisha also noted that they used to have a year long waiting list but are now getting people in right away but can't provide all the services they need. They have a community resources/treatment readiness group but it is only a temporary solution. The Recovery Center has had a lot of success with the Loved Ones Support group which has approximately 30 people, mostly parents of young addicts. She also discussed the importance of Medication Assisted Treatment. On the prevention side she noted that they use evidence based programs proven to work. Barriers are accessibility and lack of resources. She commented that there are 175 people going through the Community Resources group but it is "only a band-aid".

NH – Tony introduced Sandra Davis, New Horizons board member; Nate Green, Clinical Director; and Marcy Fields, their Clinical Coordinator. He discussed their mission of "improving health and wellbeing through quality mental health care and effective partnerships." He said they are celebrating their 40th anniversary as they started in 1971. Marcy talked about their core services being 24/7 Crisis Intervention, case management, forensic and diagnostic assessment. Nate added that they also provide jail-based crisis intervention services. Tony reported in May, 2011 they retained only high need clients, most have no income and no insurance. A high percentage of the clients are self-medicating and a lot of them suffer from bi-polar and depression. Nate added that CI assessments are up and hospital use is up. Tony told the board that to meet these needs they will need \$1,200,000 in FY 2015. They are considering having to terminate more clients. They do have a good relationship with the hospital. Director Myers commented that not everyone seen in the ER gets seen by CI, some just see the ER doctors, 85-90 different people not duplicated.

LH – Suzanne told board members about Lighthouse, a domestic violence shelter that also provides treatment and counseling. She said that 1 in 4 women will experience domestic violence during their lifetime. Domestic violence costs to the county are approximately \$5.8 million. Women aged 20-24 are at highest risk. In 2011 they served 1,800 people with 260 needing shelter. The shelter operates 24/7 and they have a 24 hour hotline. The ADAMH Board has helped fund treatment services since 1986. Suzanne stated that they have been having trouble maintaining services since the funding cuts and they are looking at a \$50,000 deficit with a \$500,000 budget. She reports that they had to lay off a staff member and this has resulted in her absorbing the clinical supervision

tasks in addition to her work as Executive Director. She added that they have always been grateful for the Board's support. Dr. Masone asked if they had programs in the schools. Suzanne stated that a new law that took effect last year allows those abused by a boyfriend can go to court and get a protection order. Dr. Roylance asked how many victims they serve a month. Suzanne said they have been full for the last 10 months; there is a waiting list for the shelter. Capacity is 18 adults and children. Suzanne commented that the mental health impact from living in a toxic environment is severe.

Director Myers told the board that a Director in northern Ohio said that suicides are up 1400 percent for men in the middle aged group. There just aren't enough funds for important services. She added that there is also a lot of cost shifting happening. The sentencing reform bill is an example. Mental health history shows the growth of mental health hospitals because of so many mentally ill in jails or locked in a closet at home. That didn't work so they started deinstitutionalizing thus homelessness goes up and the jail census goes down. Now, the trend is reversing so they are passing this sentencing reform bill which will put more people out on the street and with no dollars following them, the state is cost shifting the care of these people onto the local communities.

Director Myers talked about the health care act that they are preparing to implement but this is being fought at the Supreme Court so it may not happen. The sentencing reform dollars are going to probation not treatment services which don't make sense. Casinos will be opening which makes gambling addiction a concern also.

SWEARING IN

Caryl Caito swore in Dr. Erin Roylance and Chairman Bahnsen welcomed her to the Board.

Ad Hoc Finance Committee

Don reviewed highlights of the November financials.

RESOLUTION NO. 1-31-12-2

Be it resolved upon motion by P. Marshall and second by Dr. Masone to approve the November financials. Motion was unanimously approved.

Don reviewed highlights of the December financials.

RESOLUTION NO. 1-31-12-3

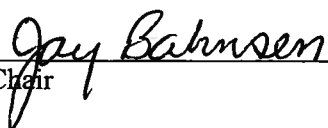
Be it resolved upon motion by Dr. Prior and second by Dr. Masone to approve the December financials. Motion was unanimously approved.

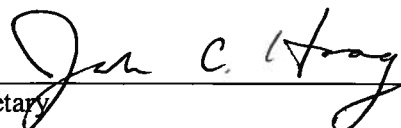
ADJOURNMENT

RESOLUTION NO. 1-31-12-4

Be it resolved, upon motion by Dr. Masone and seconded by Dr. Hoag to adjourn the Board meeting. The motion was unanimously approved.

The Board meeting adjourned at 8:10 p.m.


Chair


Secretary